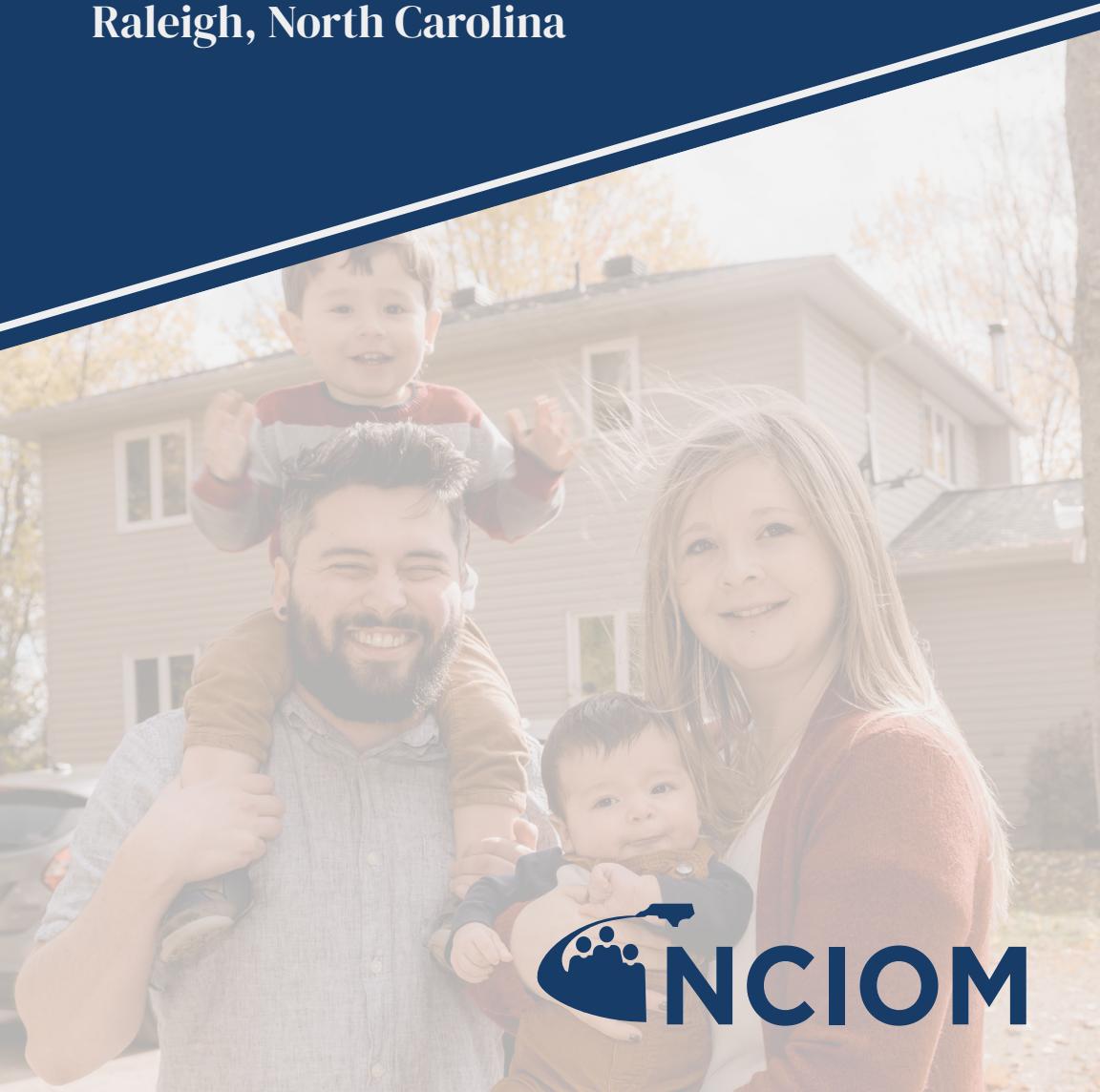


2025 North Carolina Institute of Medicine Annual Meeting

Healthy North Carolina 2030: A Path Toward Health

November 13, 2025 | 8 a.m. - 4 p.m.
Raleigh, North Carolina



NCIOM

Agenda

8:00 a.m. Registration and Networking Breakfast
Lobby

All Day Healthy North Carolina 2030 Indicator Poster Walk
Room 7

9:00 a.m. Welcome
Room 2

Michelle Ries, MPH | President and CEO
 NCIOM

Adam Sholar, JD | Board Chair
 NCIOM
 President and CEO
 North Carolina Health Care Facilities Association

Devdutta Sangvai, MD, MBA, FAAFP | Secretary
 North Carolina Department of Health and Human Services

9:20 a.m. Keynote Address and Fireside Chat
Room 2

Umair A. Shah, MD, MPH | President & Founder
 Rickshaw Enterprises; Former Washington State Secretary of Health; Former Harris County, Texas, Public Health Director

 Hosted by **Danny F. Scalise, II, MPH, MBA** | Health Director
 Burke County Health Department

10:10 a.m. Plenary Panel | Crisis as Catalyst: What Public Health Has Learned from the Last Five Years
Room 2

 Moderated by **Ronny A. Bell, PhD, MS** | Fred Eshelman
 Distinguished Professor and Chair of the Division of
 Pharmaceutical Outcomes and Policy
 UNC Chapel Hill Eshelman School of Pharmacy
 Editor in Chief
 North Carolina Medical Journal

Lawrence Greenblatt, MD | State Health Director
 North Carolina Department of Health and Human Services

Ellis Matheson, DNP, RN | Public Health Director
 Buncombe County Health and Human Services

Omari Richins, MPH | Health Improvement Program Officer
 Kate B. Reynolds Charitable Trust

Charlene Wong, MD, MSPH | Adolescent Medicine
 Pediatrician and Health Services Researcher
 Duke University
 Former Assistant Secretary for Children and Families
 North Carolina Department of Health and Human Services

11:00 a.m. Break

11:15 a.m.

Room 1D

Breakout | From Capitol to Community: The Impact of Federal Decisions on State Public Health

Moderated by **John Lumpkin, MD, MPH, FAAN, FACEP, FACMI**

| Owner

Lumpkin Health Strategies

Josh Dobson, MPA | President and CEO

North Carolina Healthcare Association

Kelly Kimple, MD, MPH | Director

*North Carolina Department of Health and Human Services,
Division of Public Health*

Nancy Messonnier, MD | Dean and Bryson Distinguished

Professor in Public Health

UNC Gillings School of Global Public Health

Danny F. Scalise, II, MPH, MBA | Health Director

Burke County Health Department

Room 1C

Breakout | Turning the Tide: Advancing Policy and Local Innovation to Reduce Overdose Deaths in North Carolina

Moderated by **Lisa Macon Harrison, MPH** | Health Director

Granville Vance Public Health

Alyssa Kitlas, MPH | Opioid Settlement Program Manager

Wake County

Amanda Martin | Executive Director

GreenTree Peer Support

Elyse Powell, PhD | Executive Director

North Carolina Harm Reduction Coalition

Nidhi Sachdeva, MPH | Director of Strategic Health and

Opioid Initiatives

North Carolina Association of County Commissioners

Room 8

Breakout | Housing as Health: Advancing Access Through Policy and Community Voice

Moderated by **Stephanie Watkins-Cruz, MCRP, MPP** | Director of Housing Policy

North Carolina Housing Coalition

Stephanie McGarrah, MPA | Deputy Secretary for the Division of Community Revitalization

North Carolina Department of Commerce

Will Parry-Hill | Deputy Executive Director

North Carolina Housing Finance Agency

Ronald Wesson | Board Chair

Partners for Bertie County Public Schools

Yolanda Winstead | CEO

DHIC

12:15 p.m. Lunch

Room 2

1:15 p.m. Break

1:30 p.m. Breakout | Big Ideas and Local Action: Strategies to Meet the Food-Related Needs of North Carolinians

Moderated by Merry Davis | Director

The Blue Cross and Blue Shield of North Carolina Foundation - Health Through Food

Eric Aft, MHA | CEO

Second Harvest Food Bank of Northwest North Carolina

Rachel Findley, MS, RDN, LDN | Senior Director of School Nutrition

North Carolina Department of Public Instruction

Amanda Hege, MPH, RDN, FAND | Community Health Coordinator

North Carolina Local Food Council

Sarah Ridout, MBA, SPHR | HOP Program Director

Community Care Lower Cape Fear

Room 8

Breakout | Meeting People Where They Are: Innovative Approaches to Suicide Prevention

Moderated by JP Jameson, PhD | Professor

Appalachian State University Department of Psychology

Victor Armstrong, MSW | Vice President of Health Equity and Engagement

American Foundation for Suicide Prevention

Paul Berry | Director of Strategic Partnerships and Integration

Veterans Bridge Home

Anne Geissinger, MPH, RD | Project Lead

Faith Leaders for Life

Kella Hatcher, JD | Executive Director

North Carolina Child Fatality Task Force

Room 1C

Breakout | Let's Talk About Sexual Health: Effects of Policy and Health Communications

Moderated by Victoria Mobley, MD, MPH | Medical Epidemiologist

North Carolina Department of Health and Human Services, Division of Public Health, Communicable Disease Branch

Bianca Allison, MD, MPH | Associate Professor
UNC Children's Research Institute

Shannon Dowler, MD, CPE, FAAFP | Acting CMO
US Health and Human Services Office of Infectious Disease and HIV/AIDS Policy
Author
Never Too Late: Your Guide to Safer Sex After Sixty

Matthew Jenkins, MPA | Director
Mecklenburg County Health Department HIV/STD Division
Jordan Karas | Adolescent Health Program Manager
Cabarrus Health Alliance

2:30 p.m. **Break**

2:45 p.m. **Legislative Roundtable | Health in All Policies: Building a Whole of Government Strategy for North Carolina**
Room 2

Moderated by **Lori Byrd, DNP, MSN, RN, CNE** | Associate Dean of Strategic Partnerships and Practice
UNC School of Nursing

Senator Val Applewhite
District 19 (Cumberland)

Senator Steve Jarvis
District 30 (Davidson, Davie)

Representative Donny Lambeth
District 75 (Forsyth)

Representative Ya Liu
District 30 (Wake)

McKimmon info, full session descriptions, and speaker bios



3:45 p.m. **Closing Remarks**
Room 2



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We are NC Public Health:

Learn more about the people, programs, and partnerships working to protect and promote the health of every North Carolinian.



Vaccine Communications Toolkit:

Download conversation guides, flyers, email and social media tools designed to complement vaccine education and advice during patient visits.



Public Health Communication and Trust Study (2025):

When they know us, they trust us. Understand how trust drives action, communication and partnership.



Respiratory Prevention Campaign 2025:

Discover resources for flu, RSV, and COVID-19 prevention and response this season.



Spread the Word About Public Health:

Access case studies, PSA's, social media graphics and more.



Essentials for Childhood:

Learn more about the action plan to prevent adverse and promote positive childhood experiences in North Carolina.



NC SHIP / Healthy North Carolina 2030:

See statewide priorities and measurable goals that guide our work toward health for all, and learn about joining a workgroup.



NCDHHS Press Releases:

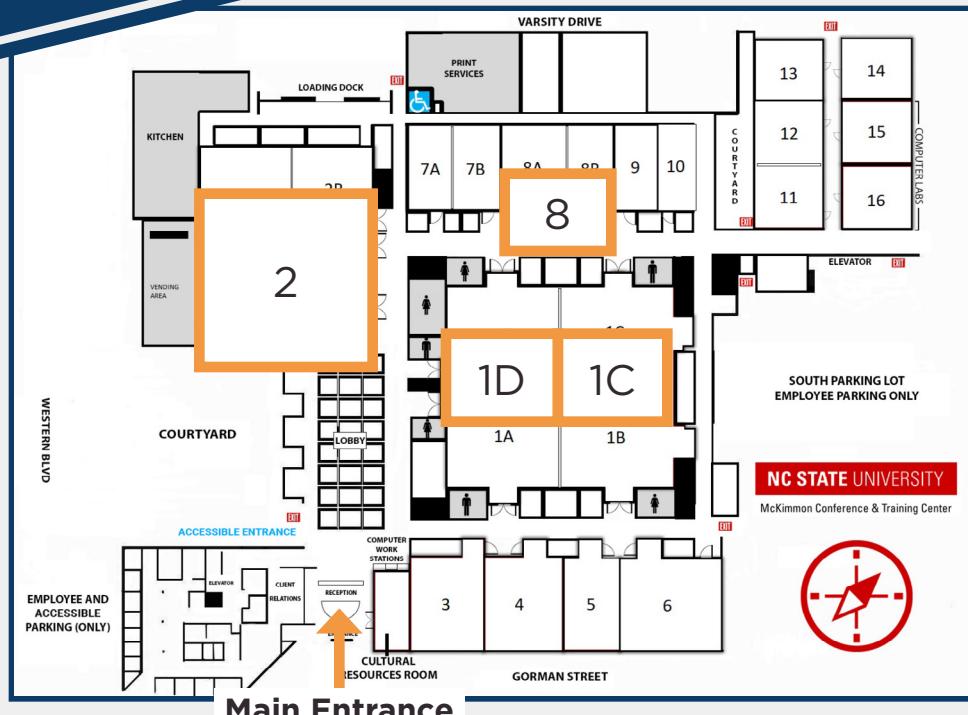
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Map



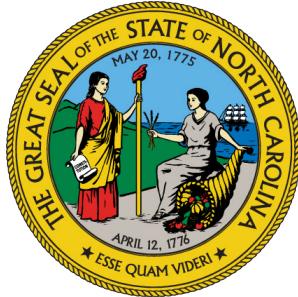
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Who We Are

Shaping Policy for a Healthier North Carolina

For more than 40 years, the NCIOM has shaped health policy in North Carolina by identifying solutions to the state's health challenges. We do our work by:

- Bringing together task forces to identify evidence-based solutions to address health issues.
- Convening and educating health policy stakeholders.
- Publishing the NCMJ, a journal of health policy and debate.
- Providing non-partisan research and analysis on health and health care.

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