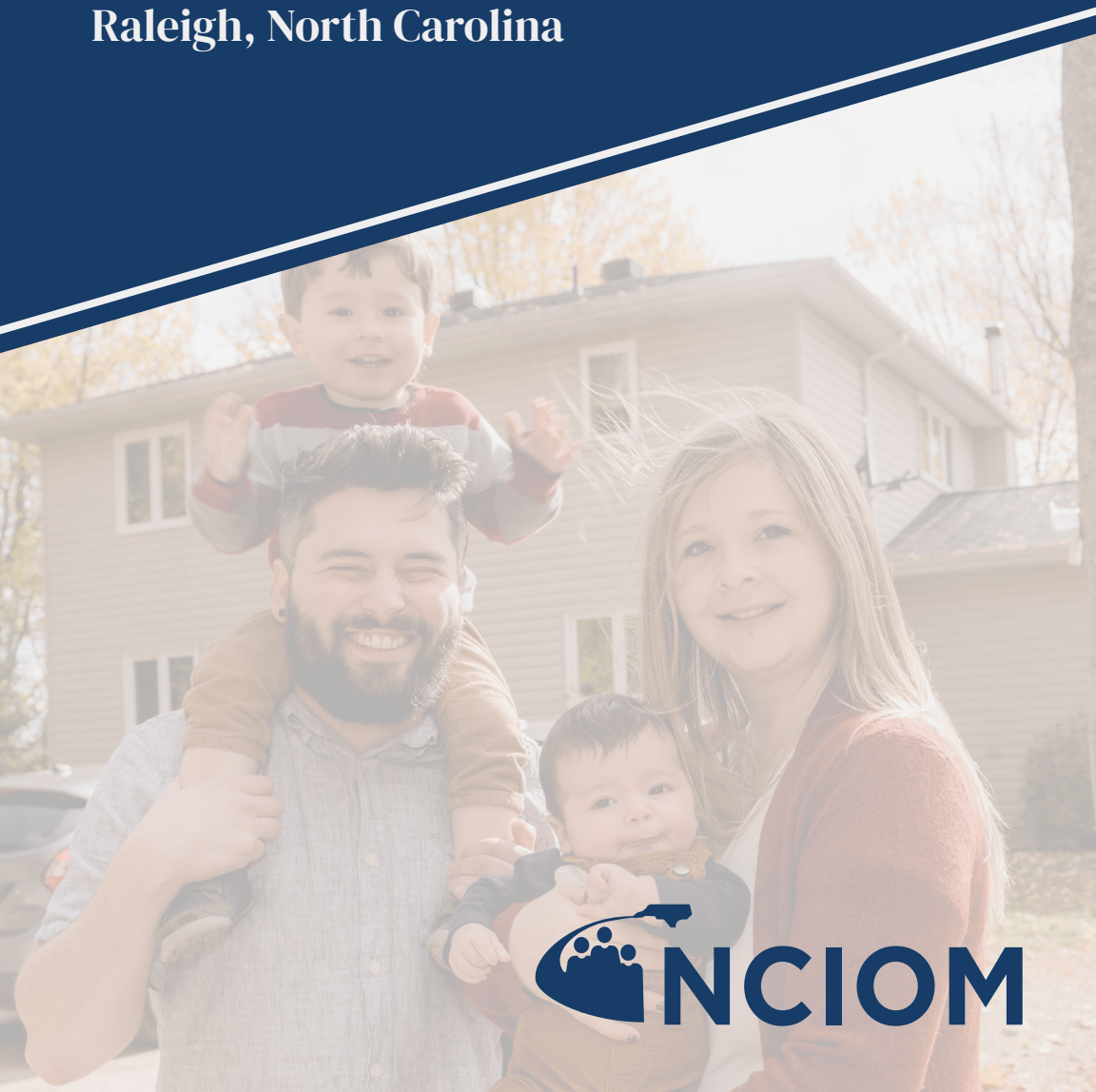


2025 North Carolina Institute of Medicine Annual Meeting

*Healthy North Carolina 2030:
A Path Toward Health*

November 13, 2025 | 8 a.m. - 4 p.m.
Raleigh, North Carolina



Agenda

8:00 a.m. Registration and Networking Breakfast

Lobby

All Day Healthy North Carolina 2030 Indicator Poster Walk

Room 7

9:00 a.m. Welcome

Room 2

Michelle Ries, MPH | President and CEO
NCIOM

Adam Sholar, JD | Board Chair
NCIOM

President and CEO

North Carolina Health Care Facilities Association

Devdutta Sangvai, MD, MBA, FAAFP | Secretary
North Carolina Department of Health and Human Services

9:20 a.m. Keynote Address and Fireside Chat

Room 2

Umair A. Shah, MD, MPH | President & Founder
Rickshaw Enterprises; Former Washington State Secretary of Health; Former Harris County, Texas, Public Health Director

Hosted by **Danny F. Scalise, II, MPH, MBA** | Health Director
Burke County Health Department

10:10 a.m. Plenary Panel | Crisis as Catalyst: What Public Health Has Learned from the Last Five Years

Room 2

Moderated by **Ronny A. Bell, PhD, MS** | Fred Eshelman
Distinguished Professor and Chair of the Division of
Pharmaceutical Outcomes and Policy
UNC Chapel Hill Eshelman School of Pharmacy
Editor in Chief
North Carolina Medical Journal

Lawrence Greenblatt, MD | State Health Director
North Carolina Department of Health and Human Services

Ellis Matheson, DNP, RN | Public Health Director
Buncombe County Health and Human Services

Omari Richins, MPH | Health Improvement Program Officer
Kate B. Reynolds Charitable Trust

Charlene Wong, MD, MSPH | Adolescent Medicine
Pediatrician and Health Services Researcher
Duke University
Former Assistant Secretary for Children and Families
North Carolina Department of Health and Human Services

11:00 a.m. Break

11:15 a.m.

Room 1D

Breakout | From Capitol to Community: The Impact of Federal Decisions on State Public Health

Moderated by **John Lumpkin, MD, MPH, FAAN, FACEP, FACMI**
| Owner

Lumpkin Health Strategies

Josh Dobson, MPA | President and CEO

North Carolina Healthcare Association

Kelly Kimple, MD, MPH | Director

*North Carolina Department of Health and Human Services,
Division of Public Health*

Nancy Messonnier, MD | Dean and Bryson Distinguished
Professor in Public Health

UNC Gillings School of Global Public Health

Danny F. Scalise, II, MPH, MBA | Health Director

Burke County Health Department

Room 1C

Breakout | Turning the Tide: Advancing Policy and Local Innovation to Reduce Overdose Deaths in North Carolina

Moderated by **Lisa Macon Harrison, MPH** | Health Director
Granville Vance Public Health

Alyssa Kitlas, MPH | Opioid Settlement Program Manager

Wake County

Amanda Martin | Executive Director

GreenTree Peer Support

Elyse Powell, PhD | Executive Director

North Carolina Harm Reduction Coalition

Nidhi Sachdeva, MPH | Director of Strategic Health and
Opioid Initiatives

North Carolina Association of County Commissioners

Room 8

Breakout | Housing as Health: Advancing Access Through Policy and Community Voice

Moderated by **Stephanie Watkins-Cruz, MCRP, MPP** | Director
of Housing Policy

North Carolina Housing Coalition

Stephanie McGarrah, MPA | Deputy Secretary for the Division
of Community Revitalization

North Carolina Department of Commerce

Will Parry-Hill | Deputy Executive Director

North Carolina Housing Finance Agency

Ronald Wesson | Board Chair

Partners for Bertie County Public Schools

Yolanda Winstead | CEO

DHIC

12:15 p.m. Lunch

Room 2

1:15 p.m. Break

1:30 p.m. Breakout | Big Ideas and Local Action: Strategies to Meet the Food-Related Needs of North Carolinians

Room 1D

Moderated by **Merry Davis** | Director

*The Blue Cross and Blue Shield of North Carolina
Foundation - Health Through Food*

Eric Aft, MHA | CEO

Second Harvest Food Bank of Northwest North Carolina

Rachel Findley, MS, RDN, LDN | Senior Director of School Nutrition

North Carolina Department of Public Instruction

Amanda Hege, MPH, RDN, FAND | Community Health Coordinator

North Carolina Local Food Council

Sarah Ridout, MBA, SPHR | HOP Program Director

Community Care Lower Cape Fear

Room 8

Breakout | Meeting People Where They Are: Innovative Approaches to Suicide Prevention

Moderated by **JP Jameson, PhD** | Professor

Appalachian State University Department of Psychology

Victor Armstrong, MSW | Vice President of Health Equity and Engagement

American Foundation for Suicide Prevention

Paul Berry | Director of Strategic Partnerships and Integration

Veterans Bridge Home

Anne Geissinger, MPH, RD | Project Lead

Faith Leaders for Life

Kella Hatcher, JD | Executive Director

North Carolina Child Fatality Task Force

Room 1C

Breakout | Let's Talk About Sexual Health: Effects of Policy and Health Communications

Moderated by **Victoria Mobley, MD, MPH** | Medical Epidemiologist

*North Carolina Department of Health and Human Services,
Division of Public Health, Communicable Disease Branch*

Bianca Allison, MD, MPH | Associate Professor

UNC Children's Research Institute

Shannon Dowler, MD, CPE, FAAFP | Acting CMO

*US Health and Human Services Office of Infectious Disease
and HIV/AIDS Policy*

Author

Never Too Late: Your Guide to Safer Sex After Sixty

Matthew Jenkins, MPA | Director

Mecklenburg County Health Department HIV/STD Division

Jordan Karas | Adolescent Health Program Manager

Cabarrus Health Alliance

2:30 p.m. Break

**2:45 p.m. Legislative Roundtable | Health in All Policies:
Room 2 Building a Whole of Government Strategy for
North Carolina**

Moderated by **Lori Byrd, DNP, MSN, RN, CNE** | Associate

Dean of Strategic Partnerships and Practice

UNC School of Nursing

Senator Val Applewhite

District 19 (Cumberland)

Senator Steve Jarvis

District 30 (Davidson, Davie)

Representative Donny Lambeth

District 75 (Forsyth)

Representative Ya Liu

District 30 (Wake)

3:45 p.m. Closing Remarks

Room 2

**McKimmon info, full
session descriptions,
and speaker bios**



AARP®
North Carolina

**We're in
your corner.**

People today can spend nearly half their lives over the age of 50. That's a lot of living. So, it helps to have a wise friend and fierce defender like AARP in your community.

Find us at aarp.org/nc.



THIS IS NC PUBLIC HEALTH

Everywhere. Every day. Every body.

NCDHHS's Division of Public Health is working alongside partners like you to build healthier communities. **Scan to explore resources.**



We are NC Public Health:

Learn more about the people, programs, and partnerships working to protect and promote the health of every North Carolinian.



Vaccine Communications

Toolkit: Download conversation guides, flyers, email and social media tools designed to complement vaccine education and advice during patient visits.



Public Health Communication and Trust Study (2025):

When they know us, they trust us. Understand how trust drives action, communication and partnership.



Respiratory Prevention Campaign 2025:

Discover resources for flu, RSV, and COVID-19 prevention and response this season.



Spread the Word About Public Health:

Access case studies, PSA's, social media graphics and more.



Essentials for Childhood:

Learn more about the action plan to prevent adverse and promote positive childhood experiences in North Carolina.



NC SHIP / Healthy North Carolina 2030:

See statewide priorities and measurable goals that guide our work toward health for all, and learn about joining a workgroup.



NCDHHS Press Releases:

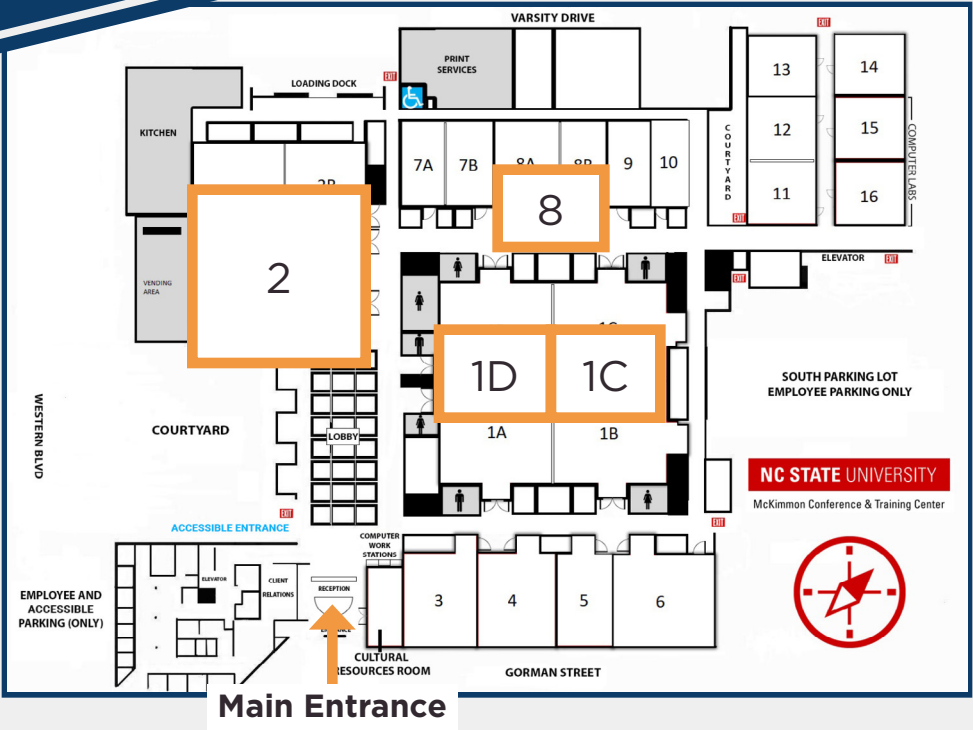
Subscribe to receive all NCDHHS press releases via email.

#WeAreNCPublicHealth



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health

Map



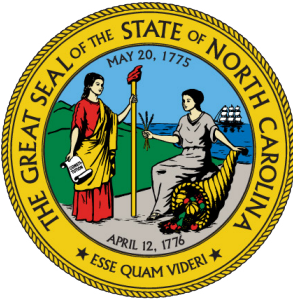
Molina Healthcare proudly supports NCIOM Annual Meeting: Healthy North Carolina 2030- A Path Toward Health!

Together, we help the people
in our communities that
need us the most!



Sponsors

Presented by



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health

Partner sponsors



Gold sponsors



Silver sponsors



Friends of the NCIOM



Who We Are

Shaping Policy for a Healthier North Carolina

For more than 40 years, the NCIOM has shaped health policy in North Carolina by identifying solutions to the state's health challenges. We do our work by:

- Bringing together task forces to identify evidence-based solutions to address health issues.
- Convening and educating health policy stakeholders.
- Publishing the NCMJ, a journal of health policy and debate.
- Providing non-partisan research and analysis on health and health care.

NCIOM Staff

Roshni Arun	Ruby Brinkerhoff	Brieanne Lyda-McDonald
Ronny Bell	Khristian Curry	Michelle Ries
Deidre Bishop	Don Gula	Ayana Simon
Brady Blackburn	Emily Hooks	Patrick Tang
Nathan Boucher	Austyn Kobs	Adam Zolotor

Board of Directors

Anita Bachmann, MHS	Richard Montague
Reuben Blackwell	John Morrow, MD, MPH
Vickie Bradley, RN, MPH	Timothy Norris, MBA, SPHR, SHRM-SCP, CHBC (Secretary)
Goldie S. Byrd, PhD	Patricia "Patty" Pfeiffer, EdD, MSN, RN
Lori Byrd, DNP, RN, CNE (Vice-Chair)	Carrie Rosario, DrPH, MPH, CHES
Frank Courts, DDS, PhD	Danny Scalise
Perrin Jones, MD	Adam Sholar, JD (Chair)
Jennifer Jordan, MD	Jeffrey Keith Smith, MD, PhD
Andrew Kaiser	William Way Jr., MD
Trish Markus, JD, CIPP/US	
Brian McGinnis, FACHE, FACMPE (Treasurer)	



Stay Connected

Scan this QR code to sign up for email updates from the NCIOM



Follow us on social media and tag us throughout today's event



@NCIOM on LinkedIn



@NCIOM on X

Support Our Work

Please consider making a tax-deductible donation to the NCIOM. Your generosity will support our mission to develop constructive public policy solutions to complex issues affecting the health and well-being of all North Carolinians.

nciom.org/about-us/support-us/



www.nciom.org