2025 North Carolina Institute of Medicine Annual Meeting

Healthy North Carolina 2030: A Path Toward Health

Nov. 13, 2025 | McKimmon Conference and Training Center, Raleigh, NC

8 - 9 a.m. Registration and Networking Breakfast

9 - 9:20 a.m. Welcome

Michelle Ries, MPH, *NCIOM President and CEO*

Adam Sholar, JD, *NCIOM Board Chair*

Devdutta Sangvai, MD, MBA, FAAFP, *Secretary of the North Carolina Department of Health and Human Services*

9:20 - 10:10 a.m. Keynote Address

Umair A. Shah, MD, MPH, *President & Founder, Rickshaw Enterprises; Former Washington State Secretary of Health; Former Harris County, Texas, Public Health Director*

10:10 – 10:55 a.m. Plenary Panel

Crisis as Catalyst: What Public Health Has Learned from the Last Five Years

10:55 – 11:15 a.m. Break

11:15 – 12:15 p.m. Breakout Sessions

From Capitol to Community: The Impact of Federal Decisions on State Public Health

Turning the Tide: Advancing Policy and Local Innovation to Reduce Overdose Deaths in NC

Housing as Health: Advancing Access Through Policy and Community Voice

12:15 – 1:15 p.m. Lunch

1:15 – 1:30 p.m. Break

1:30 – 2:30 p.m. Breakout Sessions

Big Ideas and Local Action: Strategies to Meet the Food-Related Needs of North Carolinians

Meeting People Where They Are: Innovative Approaches to Suicide Prevention

Let's Talk About Sexual Health: Effects of Policy and Health Communications

2:30 – 2:45 p.m. Break

2:45 – 3:45 p.m. Legislative Round Table

Health in All Policies: Building a Whole Government Strategy for North Carolina

3:45 – 4:00 p.m. Closing Remarks

NCIOM