2025 North Carolina Institute of Medicine Annual Meeting

Healthy North Carolina 2030: A Path Toward Health

Nov. 13, 2025 | McKimmon Conference and Training Center, Raleigh, NC

8 - 9 a.m. Registration and Networking Breakfast

9 - 9:20 a.m. Welcome

Michelle Ries, MPH, NCIOM President and CEO

Adam Sholar, JD, NCIOM Board Chair

Devdutta Sangvai, MD, MBA, FAAFP, Secretary of the North Carolina Department of Health and Human Services

9:20 - 10:10 a.m. Keynote Address

Umair A. Shah, MD, MPH, President & Founder, Rickshaw Enterprises; Former Washington State Secretary of Health; Former Harris County,

Texas, Public Health Director

10:10 - 10:55 a.m. Plenary Panel

Crisis as Catalyst: What Public Health Has Learned from the Last

Five Years

10:55 - 11:15 a.m. Break

11:15 - 12:15 p.m. Breakout Sessions

From Capitol to Community: The Impact of Federal Decisions on State

Public Health

Turning the Tide: Advancing Policy and Local Innovation to Reduce

Overdose Deaths in NC

Housing as Health: Advancing Access through Policy, Medicaid, and

Community Voice

12:15 - 1:15 p.m. Lunch

1:15 - 1:30 p.m. Break

1:30 - 2:30 p.m. Breakout Sessions

Big Ideas and Local Action: Strategies to Meet the Food-Related Needs

of North Carolinians

Meeting People Where They Are: Innovative Approaches to Suicide

Prevention

Let's Talk About Sexual Health: Effects of Policy and Public Health

Emergencies

2:30 - 2:45 p.m. Break

2:45 - 3:45 p.m. Legislative Round Table

Health in All Policies: Building a Whole Government Strategy for North

NCIOM

Carolina

3:45 - 4:00 p.m. Closing Remarks