



DESCRIPTION OF SERVICES

ARHS Behavioral Health is an ADULT outpatient program, which strives to meet the Emotional Health needs of our region through comprehensive NURSING, COUNSELING, and PSYCHIATRIC interventions.



SERVICES INCLUDE:

Screening and Referrals

Outpatient Therapy/Counseling

Comprehensive Clinical Assessment

Nursing Services

Psychiatric Evaluation

**Psychiatric Consultation and
Collaboration with PCP**

Emotional Wellness Support Group

24/7 Nurse on Call

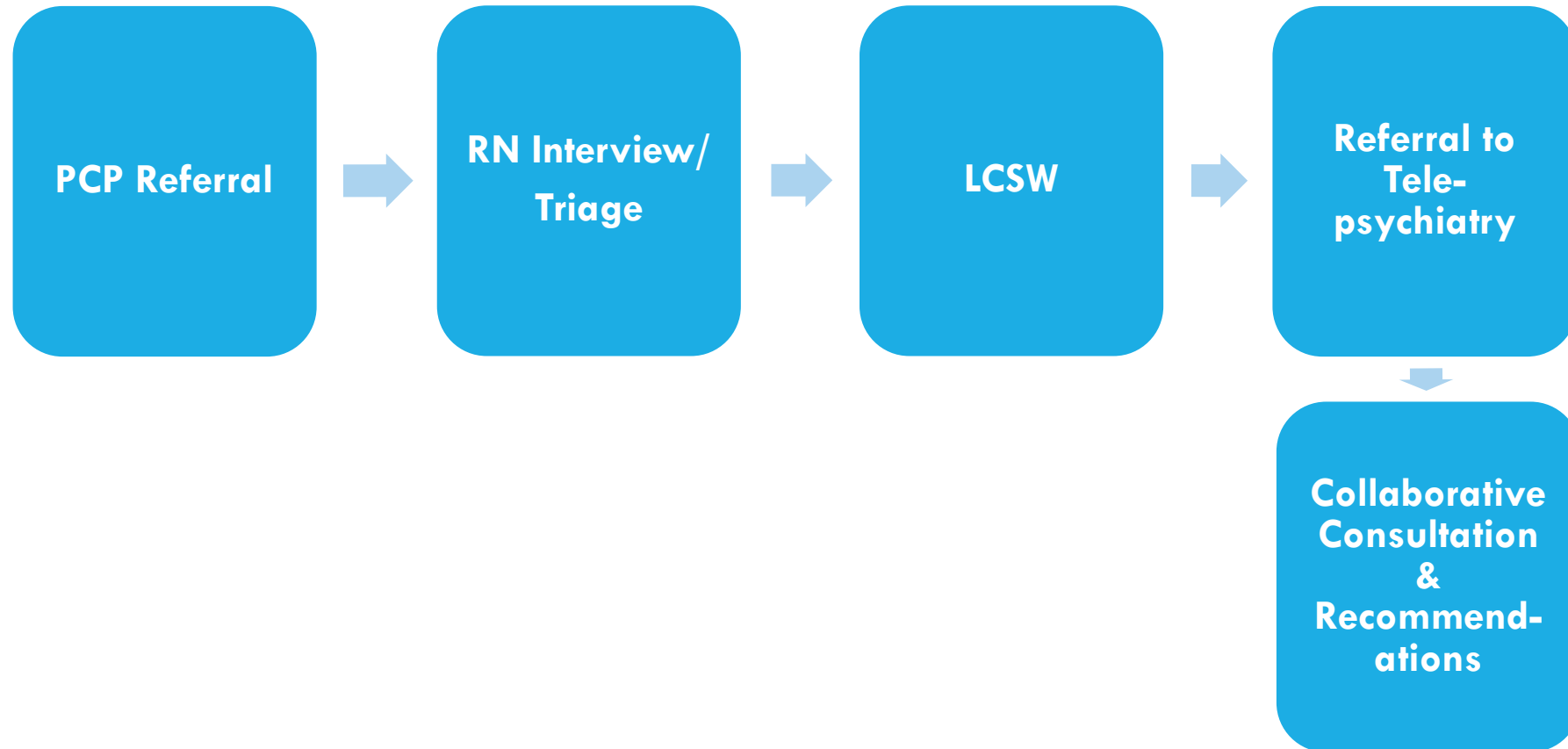
Evening Appointments

Interpreter Services

ROLES OF PRIMARY CARE PROVIDER

- **IDENTIFY** individuals who need BH support and **ENGAGE** them in the treatment model
- **Willing to prescribe medications for behavioral health**
- **Collaborate and consult with BHP and Psychiatric consultant to enhance BH care**

INTEGRATED CARE MODEL



TELEPSYCHIATRY CAN OFFER HELP!

Telepsychiatry is defined in the statute as *the delivery of acute mental health or substance abuse care, including diagnosis or treatment, by means of two-way real-time interactive audio and video by a consulting provider at a consultant site to an individual patient at a referring site.*

SUCSESSES AND CHALLENGES

Success:

- Wrap around services with other health department programs/services.
- Ambitious and caring staff that go the extra mile.
- Patients have established relationship with health department staff and valued trust.
- Patients leave knowing they are important, not alone, and HOPEFUL!

Challenges:

- Shortage of Psychiatry level care that can provide ongoing medication management for patients.
- Increase in referrals for services especially since the pandemic.
- Recruiting MSW gradates to serve in rural regions.

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