

2017

# NORTH Carolina Institute of Medicine

### Shaping Policy for a Healthier State

The NCIOM is an independent organization focused on improving the health and well-being of North Carolinians by

- Providing analysis on the health and well-being of North Carolinians
- Identifying solutions to the health issues facing our state
- Building consensus toward evidence-based solutions
- Informing health policy at the state and local level

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#### Dear Friends,

Fiscal Year 2016-2017 has been a fantastic year of growth and new achievements. We have continued to convene successful health policy related task forces with impactful recommendations and publish the NCMJ with thoughtful state health policy analysis and debate. Areas of focus over the past year have included health analytics, mental health, child maltreatment prevention, and dementia. We continue our important work in health care access.

We have tried some new models of work this past year, including more local meetings and ongoing support for working groups following a task force. This year we will launch our inaugural legislative health policy fellows program for legislators in North Carolina.

We could not succeed without your partnership. Please stay in touch, engaged, and involved. We appreciate the financial support of our many organizational and individual contributors. See the last page of the annual report for more information on supporting our work.

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Adam Zolotor President and CEO

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### HOW WE DO OUR WORK

- Bringing together Task Forces to identify evidence-based solutions to address health issues in North Carolina
- Convening and educating health policy stakeholders
- Publishing the NCMJ, a journal of health policy debate
- Providing non-partisan research and analysis on health and health care in our state

### ► WHAT'S NEW?

We have a new look! check out nciom.org to learn more.

This fall we anticipate convening our Accountable Care Communities Task Force, which will explore how community partners and stakeholders can share responsibility for the health of our communities through collaborative and integrated strategies to promote health, prevent disease, and ensure access to quality services.

This winter we are launching our Legislative Health Policy Fellows Program which will provide a small group of legislators the opportunity to learn about the health issues facing North Carolina, the state's priorities for health care delivery, and challenges and opportunities for improving the health of all North Carolinians, with a focus on evidence-based solutions.



#### **Recent Task Forces and Projects**

#### Increase Services for Individuals with Alzheimer's and Related Dementia

Recommendations from the NCIOM Task Force on Alzheimer's and Related Dementia led lawmakers to increase state investments in the Medicaid Home and Community Based Services, the Division of Aging and Adult Services, education and access to resources, caregiver support services through Project C.A.R.E, and investments in a new dementia research registry.

#### Strengthen Pathways to Community-Based Mental Health and Substance Use Services

Recommendations from the NCIOM Task Force on Mental Health and Substance Use supported lawmakers' inclusion of funding for multiple services and supports to increase the use of community-based mental health and substance use services. Such services reduce utilization of hospital emergency departments through investments in community paramedicine programs, navigation, and crisis response.

#### **Expand Access to Early Education**

NCIOM's work as the backbone organization for Essentials for Childhood has helped secure increased funding for evidence-based early childhood programs and services, including NC Pre-K, child care subsidies, and parenting programs.

#### Improve Local Collaboration to Meet Community Health Needs

The NCIOM has helped convene meetings between LME-MCOs and local Departments of Social Services that have led to increased coordination and collaboration in meeting the needs of their communities.

#### **Previous NCIOM Task Forces**

#### Statewide Implementation of Evidence-Based Interventions

Near full implementation of the recommendations of the 2011 Task Force on Implementing Evidence-Based Strategies in Public Health has vastly increased support and use of evidence-based interventions by local health departments across the state.

#### Expansion of Opportunities for Individuals with Intellectual and Developmental Disabilities

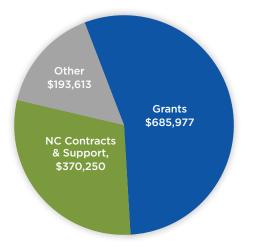
Implementation of recommendations from the 2009 Task Force on Transitions for People with Developmental Disabilities has significantly expanded post-secondary educational opportunities, community-based supportive housing, and crisis support programs.

#### NCMJ Informing Health Policy

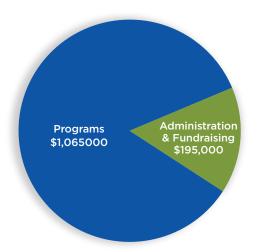
- Medicaid in North Carolina: What is Over the Horizon provided an in-depth look at North Carolina's plans for Medicaid reform and examined the impact of reform and other Medicaid policy options on providers, patients, and the state.
- As the Zika outbreak became international news, Infectious Disease in North Carolina provided a timely look at the impact and management of infectious disease in North Carolina.

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# 2018 EXPENSES



# 2018 REVENUE



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## HOW CAN YOU SUPPORT THE NCIOM?

If you would like to positively impact the health and well-being of North Carolinians, you can make a financial contribution to the NCIOM to support our work. Donations support the NCIOM's work to develop consensus recommendations to address health issues impacting North Carolina.

Donations to the NCIOM are 100% tax deductible. After making a donation, you will receive confirmation of your tax deductible donation from the NCIOM.

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