

TASK FORCE ON RISK APPROPRIATE PERINATAL SYSTEMS OF CARE

MEETING SUMMARY

August 29, 2019

10:00 am – 3:00 pm

North Carolina Institute of Medicine

630 Davis Drive

Morrisville, NC 27560

Attendees:

- *Steering Committee:* Belinda Pettiford, Tara Shuler, Frieda Norris,
- *Members:* Daragh Conrad, Kate Menard, Ginger Webster- filling in for Nancy Henley, Jennifer Grady, Duncan Phillips, Velma Taormina, Latoshia Rouse, Nancy Koerber, Ashley Rodriguez, Charea Mason, Tina Sherman, Sarah Dumas, Beverley Yearwood, Mary Kimmel, Rachael Elledge, Lisa Sammons, Sherika Hi-Smith George, Sue Collier, Walidah Karim, Michaela Penix, Kimberly DeBerry, Jennifer Greene
- *Guests & Speakers:* Luke McDonald, Karen Fratantoni, Marie Abraham, Maria Rodriguez, Angela Doyinsola Aina, Catherine Sullivan

Introductions

Meeting attendees introduced themselves on the phone and in person.

Impact of Patient and Family Centered Care and PFACs on Healthcare

Latoshia Rouse, Parent, Speaker, and Parent Advisor, Newborn Individualized Developmental Care and Assessment Program (NIDCAP); Marie Abraham, Vice President, Programming and Publications, Institute for Patient- and Family-Centered Care

Ms. Latoshia Rouse and Ms. Marie Abraham explored the roles and framework for incorporating Patient and Family Advisory Councils into a care team. They discussed the impact PFACs can have on social determinants of health, patient outcomes, and hospital outcomes. Finally, they discussed the traits of a high performing PFAC. Task Force members asked questions regarding which hospitals could benefit from PFACs, and the difference between implementing councils in smaller and larger hospitals.

Development and implementation of a parent navigation program in the NICU

Karen Fratantoni, MD, MPH Medical Director, Complex Care Program, Children's National Health System

Ms. Fratantoni discussed the history of the parent navigation programs at Children's National Health System, described the development and implementation of peer support programs for families after a NICU discharge, and discussed lessons learned during the process. Patient Navigators typically engage in mentorship, resources, and navigation and provide peer support. Questions were raised from the task

force about the connections that could be formed with centering, doulas, and other support providers. Questions were also raised about the distinction between PFACs and care coordinators.

Improving Perinatal Health Outcomes through Workplace Policies

Tina Sherman, Campaign Director, MomsRising Together & MomsRising Education Fund

Ms. Tina Sherman described the current pregnant worker accommodations landscape. Women who do not receive accommodations often results in women being fired, quitting, taking an unpaid leave, and losing health insurance. The need for supportive policies is particularly high for women in low-wage and physically demanding jobs.

BMMA Advancing Black Maternal Health, Rights, and Justice

Angela Doysinsola Aina, MPH Interim Director, Black MAMAS Matter Alliance

Ms. Angela Doysinsola Aina discussed the history of black women reproductive justice and rights and explains the definition of birth justice according to the BMMA. Policies should be targeted specifically towards health equity, with a deep understanding and focus of the issues. Additionally, women should be treated as more than just vessels for babies. There is a growing definition of holistic care for black mamas.

CGBI Implicit Bias Initiatives

Catherin Sullivan, MPH, RD, LDN, IBCLC, FAND Director, Assistant Professor, Carolina Global Breastfeeding Institute

Ms. Catherine Sullivan discusses the implicit bias initiatives within the Carolina Global Breastfeeding Institute. The discussion involves the definitions of explicit and implicit biases, what it takes to be an ally, and the role of the white savior complex. It is important to engage community members when researching the community, to build transparent relationships, to constantly self-reflect on your behavior, and to maintain cultural humility. In discussion, task force members note that such initiatives can be framed as a health equity quality improvement recommendation.

Review of Recommendations

Task Force members discuss picking a few recommendations from the Early Childhood Action Plan and Perinatal Health State Plan that are relevant to the task force and support and endorse those goals. It would be valuable to consider each recommendation and organize them based on which ones are strongly evidence based, partially evidence based, and not evidence based. Members also noted it is important to identify funders for the recommendations.

Health Benefits and Public Costs of Expanding Care During Pregnancy to New Immigrants

Maria Rodriguez, MD, MPH Associate Professor of Obstetrics and Gynecology, Medical Director, Reproductive Health Program, Oregon Health Authority

Dr. Rodriguez reviewed Oregon's policy on pregnancy coverage for immigrants, shared data from Oregon's expansion of prenatal care to immigrant population-health benefits and public costs and described postpartum coverage for immigrant population in Oregon. She outlines a series of cost efficiency analyses, including one about the cost saving analyses of post-partum care.

Wrap-up and Looking Forward

Robert Kurzydowski, JD, MPH, Project Director, North Carolina Institute of Medicine

Mr. Kurzydowski thanks task force members for attending the meeting and reminds of the next meeting date on October 3rd, 2019.