



Background Materials

What is the North Carolina Institute of Medicine and How Do We Approach Health Policy?

K. Minyard, R. Ferencik, M. Ann Phillips, et al., Using systems thinking in state health policymaking: an educational initiative. *Health Syst* (2014) 3: 117.

Available at: <https://doi.org/10.1057/hs.2013.17>

The Georgia Health Policy Center developed an educational initiative that applies systems thinking to health policymaking; this brief summarizes the program's background and progress since its inception.

North Carolina Journal of Medicine Invited Commentary: Reducing Health Disparities by Addressing Social Determinants of Health

<http://www.ncmedicaljournal.com/content/75/6/417.full.pdf+html?sid=51b8c75e-ad4b-45f1-9442-ec889af0ef91>

In this commentary, the implications of health disparities for community health and public are discussed, and a description of efforts to reduce disparities in Mecklenburg county is provided.

Overview of Health Insurance

NCIOM: Health Insurance Primers

<http://nciom.org/nc-health-data/primers/>

These health insurance primers provide a non-technical overview of the private health insurance system, Medicare, and Medicaid/CHIP.

Causey, M. Medicare basics. North Carolina Department of Insurance. Seniors' Health Insurance Information Program.

Available at:

[http://www.ncdoi.com/Publications/Medicare%20Basics%20Form%20\(Formerly%20the%20COMBO%20Form\).%20\(Packs%20of%2025\).%20SVCP.%20SDSSP.%20SNE1.%2010.pdf](http://www.ncdoi.com/Publications/Medicare%20Basics%20Form%20(Formerly%20the%20COMBO%20Form).%20(Packs%20of%2025).%20SVCP.%20SDSSP.%20SNE1.%2010.pdf)

Norris L. North Carolina health insurance marketplace: history and news of the state's exchange.

Available at: <https://www.healthinsurance.org/north-carolina-state-health-insurance-exchange/>

Health and Human Services and Resources: Structure and Background

(see attached PDFs)

Moore, JD. Chapter 38: Public Health In: County and Municipal Government in North Carolina. Second. School of Government, The University of North Carolina at Chapel Hill; 2014.

Wall, A. Chapter 39: Social Services In: County and Municipal Government in North Carolina. Second. School of Government, The University of North Carolina at Chapel Hill; 2014.

Botts MF. Chapter 40: Mental Health Services. In: County and Municipal Government in North Carolina. Second. School of Government, The University of North Carolina at Chapel Hill; 2014.

How to Navigate Health and Human Services and Resources

UNC School of Government: Information about NC Departments of Social Services

<https://www.sog.unc.edu/resources/faq-collections/information-about-nc-departments-social-services>

This page includes questions and answers about county departments of social services in North Carolina.

UNC School of Government: Key Players in NC local Public Health: Boards of County Commissioners

<https://www.sog.unc.edu/resources/faq-collections/key-players-nc-local-public-health-boards-county-commissioners>

this page provides answers to commonly asked question on the role of boards of county commissioners in North Carolina's local public health system

North Carolina Association of County Commissioners: What is a County Manager

<https://www.ncacc.org/417/What-is-a-County-Manager>

Describes the responsibilities of county managers in NC

Mental Health and Substance Use

NCIOM: Understanding North Carolina's Public Mental Health, Intellectual and Developmental

Disability, and Substance Use Disorder Services System <http://nciom.org/wp-content/uploads/2018/02/DMHDDSAS-FINAL-2-22-18.pdf>

Provides a non-technical overview of the Division of Mental Health, Developmental Disabilities, and substance Abuser Services within the NC Department of Health and Human Services.

Mental Health America: The State of Mental Health in America

<http://www.mentalhealthamerica.net/issues/state-mental-health-america>

Provides facts, stats, and data on mental health in the United States.

Elder Care/End of Life Care

NCIOM Issue Brief: Long-Term Care in North Carolina

<http://www.ncmedicaljournal.com/content/75/5/320.full.pdf>

This issue brief provides a broad overview of long-term care in NC, and information on long-term programs in NC.

Centers for Medicare and Medicaid Services. Palliative Care vs. Hospice Care

<https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/Downloads/infograph-PalliativeCare-%5bJune-2015%5d.pdf>

Infographic on the differences and similarities of palliative and hospice care.

Institute of Medicine: Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life September 2014 Report Brief.

<http://www.nationalacademies.org/hmd/~media/Files/Report%20Files/2014/EOL/Report%20Brief.pdf>

This report provides information on knowledge gaps, structural problems, and financial disincentives that hamper delivery of optimal care and describes the cross-sectoral recommendations to achieve compassionate, affordable, sustainable, and effective care for all Americans

National Institute on Aging. What are Palliative Care and Hospice Care?
<https://www.nia.nih.gov/health/what-are-palliative-care-and-hospice-care>

This article describes the differences between palliative care and hospice care, including types of patients and differences in care teams.

Health Disparities and Access to Care in Rural North Carolina

NC Rural Health Research Program: Rural Health Snapshot. 2017.

<http://www.shepscenter.unc.edu/download/14853/>

Presents data on multiple disparities in health outcomes and factor leading to disparities in rural health.

NCIOM Issue Brief June 2018: Recruitment and Retention of the Rural Health Workforce

<http://nciom.org/recruitment-and-retention-of-the-rural-health-workforce/>

In this brief, an overview of access to care issues in rural NC and promising practices to recruit health professionals to rural areas are provided.

Kaiser Commission on Medicaid and the Uninsured Policy Brief Addressing the Health Care Impact of hurricane Katrina

<https://kaiserfamilyfoundation.files.wordpress.com/2013/01/7387-2.pdf>

This policy brief provides an assessment of health needs in Louisiana and other areas affected by Hurricane Katrina.

NCDHHS: North Carolina Healthy Equity Report 2018

https://schs.dph.ncdhhs.gov/SCHS/pdf/MinorityHealthReport_Web_2018.pdf

Provides data on different health disparities in NC.

Creating a Culture of Health in Appalachia: Disparities and Bright Spots. 2017.

<http://www.shepscenter.unc.edu/programs-projects/rural-health/projects/health-disparities-bright-spots-appalachia/> Website links to reports and case studies from Robert Wood Johnson Foundation initiative examining factors that support a culture of health in Appalachian communities.

Medicaid Transformation: Move to Managed Care and Development of Resource Platform

NCIOM: What is Medicaid Transformation?

<http://nciom.org/what-is-medicaid-transformation/>

Brief overview of Medicaid transformation in NC.

Understanding Medicaid in North Carolina. North Carolina Institute of Medicine, Published January 2018.

Available at: http://nciom.org/wp-content/uploads/2018/01/NC_Medicaid_CHIP_Primer.pdf

Additional Suggested Background Reading:

Kaiser Family Foundation. Health Care Expenditures by State of Residence.

Available at: <https://www.kff.org/state-category/health-costs-budgets/health-expenditures-by-state-of-residence/>

D. Radley, D. McCarthy, S.L. Hayes, Scorecard on State Health System Performance, 2017 Edition. The Commonwealth Fund, 2017.

Available at: <http://www.commonwealthfund.org/interactives/2017/mar/state-scorecard/>

From the NCIOM and North Carolina Medical Journal:

<http://nciom.org/news/blog/>

NCIOM blog, highlighting current North Carolina health policy news and developments. Recent posts cover Certificate of Need, Medicaid work requirements, and social determinants of health.

<http://nciom.org/publications/>

Issue briefs, task force reports, and other publications from NCIOM

<http://nciom.org/nc-health-data/>

Includes county health data map, uninsured snapshots, health care/policy primers, and the Child Health Report Card.

www.ncmedicaljournal.com

Recent issues include:

[Caring for North Carolina's Immigrant and Refugee Population](#)

[Newborn Screening in North Carolina](#)

[Rural Health in North Carolina](#)

[Health and the Environment in North Carolina](#)

[Team Based Care in North Carolina](#)

[The Opioid Crisis](#)

[Addressing Adverse Childhood Experiences in North Carolina](#)

[The High Cost of Care in North Carolina](#)