

# NCIOM Task Force on a Perinatal System of Care

Task Force Meeting 2: Welcome & Discussion Recap

Robert Kurzydowski, JD, MPH

Project Director

February 1, 2019

# Agenda

- Morning:
  - Discussion Question Review
  - Spotlight Series
  - Background Information:
    - Levels of Care in NC (Neonatal)
    - AAP Neonatal Levels of Care Guidelines
    - ACOG Maternal Levels of Care
- Afternoon
  - LOCATe Tool
    - Background and Current use efforts
    - Utilization of tool in NC
  - Group Discussion



# TF Meeting 1: Discussion Question Review

- **What kind of service gaps have you experienced with our current perinatal system of care?**
- **Please share some situations that lead you to request/facilitate transportation services in the past? (To a higher or lower level of care) What was your experience like? Were there set procedures in place?**
- **What are some obstacles you face when ensuring your patients/clients receive the appropriate level of care? (Ex: Distances between levels of care offerings, resources for consumers to travel with their infant, etc.)**
- **What are the biggest disparities you see in access to care?**



# 1. What kind of service gaps have you experienced with our current perinatal system of care?

- **Lack of Care in Rural Areas**

- Labor & Delivery Units Closing

- **Medicaid Transformation**

- Education/Support Available surround new & additional resources
- Participation Providers, or lack thereof
- Transport Services
  - Are they available?
  - How is utilization determined?
- Linking Care (Care Management) between all services
- Delay in coverage/Coverage Gap

- **Transportation Services**

- Back transport to community
- Resources for public transportation to prenatal and postpartum care
- Burden on traveling for high risk care
  - Transportation to and from
  - Lodging
  - Meals, etc.
- EMS/ Ambulances Services
  - Is there a contracting system
  - Regulations/Guidance for determining where they take patient for care?

- **Referrals**

- System to System
  - Hospital guidance?
  - Provider choice?
  - Patient input?

- **Staff Shortfalls** (all, including providers)

- Education
  - Where does care begin?
    - Gatekeepers
    - Consistency/Follow-up
    - Training on importance of woman receiving prenatal and postpartum care
    - Appointment reminders/Assistance in locating resources to make appointment
- Resource Efforts
  - Quantity of Staff
  - Ability to provide follow-on referrals
    - Mental/Behavioral health
    - Trauma informed care
    - Substance abuse care



# 1. What kind of service gaps have you experienced with our current perinatal system of care?

- **Lack of Relationship Building**
    - Communication Efforts
      - Trust Building
        - Patient & Doctor
          - Trusting relationship = More willing to ask for help = appropriate referral services obtained
      - Provider & Provider
        - Collaboration on Services
        - Continuity of Services
    - Difficulty in finding high-risk/specialty care vs. fear of high risk care
  - **Potential uses for Telemedicine**
  - **Data Needs**
    - **Need input**
  - **Babies in Foster Care**
  - **Need for Community Support and Promotion of it**
    - Social
      - Patient reassurance
    - Centering Services
    - Support for other family members
    - Access to translation services
    - Patient education and rights
      - Importance of prenatal and postpartum care
        - Postpartum: combatting the fear and stigma of asking for help
- **People that are undocumented**
- **Lack of Patient Centered Care**
  - Patient Rights
  - Coverage Gap
  - Patient Reassurance
  - Patient Education
  - Mom-Baby dyad
  - Lack of advocacy for patients rights/demands
    - Women not feeling like they have a voice
  - Absence of Care Team mentality



## 2. Please share some situations that lead you to request/facilitate transportation services in the past? (To a higher or lower level of care) What was your experience like? Were there set procedures in place?

- **Lack of a centralized/regionalized transport system**
  - Questions around the old call-in system (now unfunded?)
  - Vague procedures in place
- **Lack of trust by providers of true level of care**
- **Incentive issues**
  - Are there higher reimbursement levels for hospitals that hold themselves at higher levels of care?
- **Back Transport**
  - No financial sense to bring back
  - Lack of trust by treating hospital to bring back
- **Medicaid**
  - Requirements for same day transfer
  - Regulations on transport
    - Who can be transported?
    - Resources available once transported?
      - For families
- **Agreements with community level hospitals**
  - Level 3 & 4 Hospitals
- **Determination of Location of Transport**
  - Between hospital systems?
  - Determined by contracts?
  - Patient voice in matter?
  - Are closer hospitals with same capability of services being skipped over?

### 3. What are some obstacles you face when ensuring your patients/clients receive the appropriate level of care? (Ex: Distances between levels of care offerings, resources for consumers to travel with their infant, etc.)

- **Lack of Trust by providers in regard to true levels of care**
- **Social Determinants of Health**
  - Transportation availability
  - Childcare
  - Lodging/Meal Expenses
- **Timing of Care**
  - Unable to miss work
  - Coordination among families
  - Staff appointments don't align with best time for patient appointments
- **Care/Case Management**
- **Uninsured**
- **Lack of standardization in provider reporting**
- **Issues between sharing information on EHRs**
  - Accessibility between providers/caregivers
  - Staff education on use
- **Lack of trust between providers and patients**
- **Financial Barriers & Cultural Barriers**
- **Community Support**
- **Hiring, training and retaining transport teams**
- **Identifying high risk mothers/infants ensure correct levels of care**
- **Education on levels of care/common health concerns leading to high risk pregnancies**
- **Awareness of Resources**
- **Acceptance of Medicaid**
  - Waiting periods
- **Lack of resources at hospitals for families traveling to higher level of hospital**
  - Distance; Lodging; Meal Vouchers; Child Care

# 4. What are the biggest disparities you see in access to care?

- **Resources available to accessing appropriate levels of care**
- **Woman's voice not being heard**
- **Importance of health literacy & education**
- **Lack of patient support/navigators**
- **Difficulty in finding providers**
- **EMS Education on importance of patient history**
  - Some sort of medical card for pregnant women/women who have recently delivered
- **Lack of provider/clinic/staff/clinical team follow-up on scheduling appointments and reminders**
- **Labor and Delivery Units being shut down in rural areas**
  - Economies of scale
- **Social supports**
- **Cultural competence**
- **Facilities not conducive to mom with multiple children and having appointment**
- **Getting mothers to the resources needed to continue postpartum care after 6 weeks**
- **Availability of Telemedicine**
- **Lack of positive interactions with providers**
  - More personalized care
  - Care begins at first phone call
  - Forms trusting relationship