



# ANNUAL REPORT



## 2018

## North Carolina Institute of Medicine

### Shaping Policy for a Healthier State

The NCIOM is an independent organization focused on improving the health and well-being of North Carolinians by

- ▶ Providing analysis on the health and well-being of North Carolinians
- ▶ Identifying solutions to the health issues facing our state
- ▶ Building consensus toward evidence-based solutions
- ▶ Informing health policy at the state and local level

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Dear Friends,

Grab your hat and hang on! The past year has been a huge success for the NCIOM. We continue to be out in front informing health policy in NC, partnering with NC DHHS to develop Medicaid policy, working across sectors to address social determinants of health, and taking the role of informing policymakers and partners to a whole new level. The upcoming year promises even more opportunity to help shape health policy.

We have a host of new primers on our website to orient and inform people new to health policy, a county data map application to learn about your area, and we are producing timely issue briefs to address state and federal policy issues on a more regular basis. We began a successful new bi-partisan legislative health policy fellows program to arm our state legislators with the best available information to address the health policy issues of our state.

We attribute all of this success to you as our partners. Thank you! To stay involved, follow us on social media and check out our new blog. Please also consider making a small contribution to support our work. See the last page for more information.

Sincerely,



Adam Zolotor  
President and CEO



Kim Schwartz  
Board Chair

## Our Impact

### ► Increase nutrition and physical activity standards in early care and education settings

In line with the recommendations of the 2013 Task Force on Early Childhood Obesity Prevention, North Carolina has adopted new nutrition, physical activity, and screen time standards for center and home-based early care and education.

### ► Expand investments in the health and well-being of rural health

The recommendations of the 2014 Task Force on Rural Health have been supported and implemented by a wide range of partners including the NC General Assembly, the NC Department of health and Human Services, Department of Commerce, NC Community College System, agricultural organizations, Community Care of NC, NC Partnership for Children, foundations, health systems and organizations, and others.

### ► Improve access to behavioral health services for service members and their families

Near full implementation of the recommendations of the 2011 Task Force on Behavioral Health Services for the Military and Their Families has enhanced training and access to services.

## Recent Task Forces and Projects

### ► Better health policymaking at the General Assembly

This summer, 16 legislators graduated from our inaugural class of Legislative Health Policy Fellows. These legislators came together at the NCIOM for three full days this spring to learn more about urgent health issues, engage with local and national policy experts, and build relationships across the aisle in an effort to make the best health policy decisions for our state.

### ► Ensure high-quality care as North Carolina transitions to Medicaid managed care

The 2017 Task Force on Health Care Analytics recommended quality metrics being used by the NCDHHS to develop the Medicaid managed care Quality Strategy. This strategy will be used to drive improvements in care delivery and outcomes.

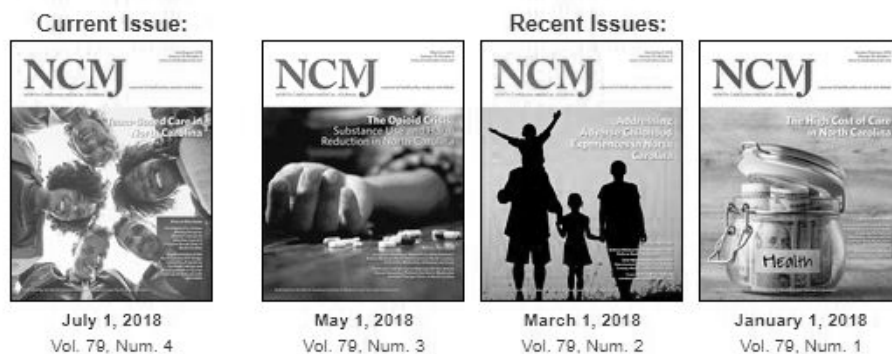
### ► Invest in the early care and education workforce

The NCIOM provided support for three new Division of Child Development and Early Education (DCDEE) initiatives. Under the Infant Toddler Educator AWARD\$ program, more than 900 eligible educators of infants and toddlers across the state will receive salary supplements to address the compensation gap between these teachers and those whose students are older.

### ► Improve training for teachers around young children's social and emotional development and trauma-informed care

Recommendations from the 2015 Task Force on Essentials for Childhood and 2012 Task Force on the Mental Health, Social, and Emotional Needs of Young Children and Their Families support new Division of Child Development and Early Education (DCDEE) initiatives to improve the quality of infant and toddler care. DCDEE is supporting training programs for early care and education providers to identify the signs of toxic stress, promote resilience, and improve teacher interactions and outcomes for young children. These Task Force recommendations also support a new DCDEE initiative to provide education-based salary supplements to improve compensation and reward teachers who have obtained Associate Degrees in early childhood education.

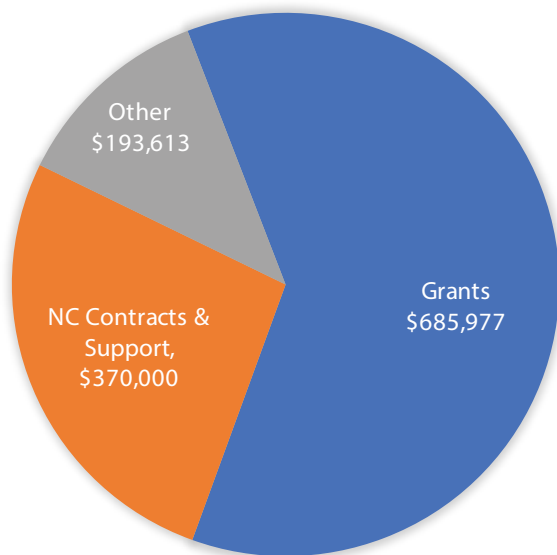
## NCMJ Informing Health Policy



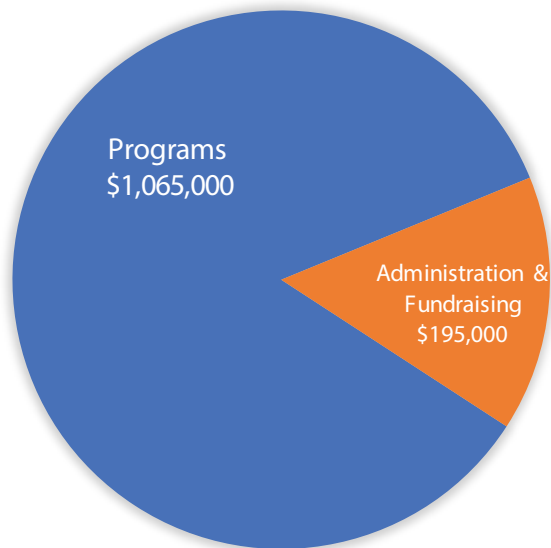
► NC DHHS co-sponsored Addressing Adverse Childhood Experiences in North Carolina, which examined the effects of toxic stress on the health and development of children and local and statewide efforts to address trauma and build resilience.

► In The Opioid Crisis: Substance Use and Harm Reduction in North Carolina, we outlined the roots of the problem in our state and highlighted several programs aimed at combatting it.

## 2019 Revenue



## 2019 Expenses



## Supporters

### Major Contributors

Blue Cross and Blue Shield of North Carolina Foundation  
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The Commonwealth Fund

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## ► How can you support the NCIOM?

If you would like to positively impact the health and well-being of North Carolinians, you can make a financial contribution to the NCIOM to support our work. Donations support the NCIOM's work to develop consensus recommendations to address health issues impacting North Carolina.

Donations to the NCIOM are 100% tax-deductible. After making a donation, you will receive confirmation of your tax-deductible donation from the NCIOM.

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