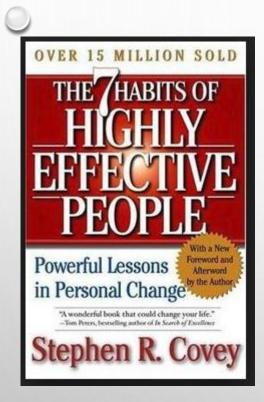




## **DISCLOSURES**

- NONE
- CURRENT EMPLOYEE OF WAKE FOREST BAPTIST HEALTH

# WHERE TO BEGIN WHEN THINKING ABOUT BUILDING A TEAM?



# Human Resources

Google



**Forbes** 



#### WHAT IS YOUR VISION?

- WHY DO YOU NEED TO EVEN THINK ABOUT THE VISION?
  - VISION IMPACTS ORGANIZATIONAL PERFORMANCE
  - SHAPES THE VIEWPOINT OF LEADERSHIP
  - IMPROVES GROUP EFFECTIVENESS



- A VISION IS KEY TO SUCCESS AND IMPERATIVE TO STRATEGIC PLANNING
  - YES IT IS IMPORTANT TO GET BEYOND "SURVIVAL MODE"
- HOW OFTEN DO I THINK ABOUT A STRATEGIC PLAN?
  - IS MY STAFF AWARE OF HOW THEY FIT IN TO THE VISION AND PLAN?
  - HOW DO I COMMUNICATE THIS?
  - WHO IS BOUGHT IN?
  - CAN I AND MY STAFF DELIVER AN ELEVATOR SPEECH





#### WHO ARE THE PLAYERS?

- DEPENDS ON VISION AND FOCUS
- ASK YOURSELF WHO ARE YOU 'FORGETTING'
  - DO YOU NEED TO HIRE SOMEONE?
- WILL ALL OF YOUR TEAMS LOOK THE SAME?
  - WHAT IS THE DETERMINING FACTOR FOR DIFFERENCES?
  - IS THERE A STRUCTURAL DIFFERENCE OR COLLABORATIVE DIFFERENCE?
- WHAT CHARACTERISTICS ARE REQUIRED?
  - WHO WILL LEAD DO YOU NEED THE WORK HORSE TO BALANCE OUT THE DREAMER?
  - WHO ARE THE GET IT DONE PEOPLE?





- ROLES
  - ARE YOU A SEAT FILLER OR LOOKING FOR SPECIFIC ATTRIBUTES.
- PURPOSE
  - SHOULD UNDERSTAND WHY THEY ARE APART OF THE TEAM
- COMMUNICATION
  - HOW BEST TO COMMUNICATE WITH STAFF
  - WHAT IS AN APPROPRIATE WAY TO COMMUNICATE WITH YOU AS A LEADER
- MEASURABLE GOAL SETTING
  - HOW OFTEN IS THIS TRACKED AND REVIEWED
- CELEBRATE SUCCESS AND UNDERSTAND FAILURES
- PERSONAL TOUCH
  - KNOW SOMETHING BEYOND WORK LIFE THAT BRINGS JOY TO YOUR TEAMMATE





#### WE HAVE ALL THE BASES COVERED:

How to do it

You



Gwen Dunlap, ACSM EP-C, CPT Exercise Physiologist Exercise Program Coordinator



Exercise Physiologist Site Lead-Country Club



 $Behavior/Psychology \\ \text{\tiny Susannah Cecil, MEd, LPC} \\ \text{\tiny Behavioral Health Program Coordinator}$ 



Psychologist



Shenelle Edwards-Hampton, PhD Director of Behavioral Health Services



Exercise Physiologist



Jeremy McDowell Certified Personal Trainer



Jason Brown, MS, ACSM EP-C, CPT Exercise Physiologist



Jordan Harrold, MSW Health Behaviorist



Megan Ragone, MSW Health Behaviorist

#### **Fitness** Lose fat, Get lean



Evette Briskey, MPH, RD, LDN OPTIFAST Program Coordinator



Annette Frain, RD, LDN Essentials Program Coordinator



Michelle Faulkner, RD, LDN



Aubrey Burklin, MS, RD, LDN Registered Dietitian



Alissa Edsall, RD, LDN Registered Dietitian



Dietary Optimal nutrition

#### Medical Health management





Jessica Bartfield, MD Medical Doctor



Medical Doctor



Medical Doctor



Martha Jo "MJ" Denton, FNP-BC Family Nurse Practitioner

Lindsay McCullough, RN

Ambulatory Care Nurse



Terrika Stewart Simmons, ANP-C Adult Nurse Practitioner



Tammi Quintero, MPAS, PA-C Certified Physician Assistant



Antonette Bellamy, CMA Certified Medical Assistant



Tiffany Moore, LPN Licensed Practical Nurse

## A comprehensive approach...

Registered Dietitian

#### KEY ATTRIBUTES TO THE TEAM RELATIONSHIP

- TRUST
- SHOWCASE EXPERTISE
- AGENDA AND RESPECTFUL OF TIME
- SHARING OF CREDIT AND RESOURCES
- POWER
- CLEAR VISION
- SUPPORT FROM LEADERSHIP/INSTITUTION
- COMMUNICATION, NEGOTIATION
- CONFLICT RESOLUTION



#### ENCOURAGE AND EMPOWER

- WHAT DO YOU DO TO SHOW YOUR STAFF THEY ARE APPRECIATED?
- NO ONE FEELS THEY HEAR THANK YOU ENOUGH?
  - BE GENUINE
  - IT REALLY CAN GO A LONG WAY
  - WHEN IS THE LAST TIME YOU WROTE OR RECEIVED A HANDWRITTEN THANK YOU NOTE?
- UNDERSTAND THAT WHAT ONE STAFF MEMBER RECEIVES AS APPRECIATION ANOTHER MAY NOT?

### MEETING SET UP AND MESSAGE SET UP









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