Education Models to Cultivate the Rural Health Workforce

Katie Gaul and Erin Fraher

Program on Health Workforce Research & Policy Cecil G. Sheps Center for Health Services Research, UNC-CH

Task Force on Rural Health
North Carolina Institute of Medicine

February 5, 2014



Why do we care?

- Health system is transforming
- Imbalances in geographic location (rural!), specialty, and practice settings of health professionals
- Existing workers will take on new roles in new models of care
- New and existing workforce will shift from acute to ambulatory, community- and home-based settings

And...



Career ladders are broken and missing rungs

- Speech Language Pathology Assistant, Physical Therapy Assistant, Occupational Therapy Assistant and Pharmacy Technology are terminal degrees
- Yet Speech Language Pathology, Physical Therapy, Occupational Therapy, and Pharmacy require
 Masters or Doctoral degree for entry to practice
- Students with associate degree and prior experience in EMS, PTA, OTA, etc. are stronger candidates for these four year programs

Where health professionals complete education affects practice location

- Of total workforce in 2011, 13% entered with diploma, 55% an Associate degree and 32% with Baccalaureate or higher
- 2008 Study:
 - 90% of RNs graduating with ADN from NCCCS programs stay in NC
 - NCCCS ADN nurses practice close to where they were educated
 - Compared to NC BSN cohort that graduated at same time,
 NCCCS ADN nurses are
 - Two times more likely to practice in rural areas
 - Three times more likely to practice in NC's most underserved communities
 - ADNs who later completed a BSN were almost as likely as ADNs who did not pursue additional education to practice in rural areas

Regionally Increasing Baccalaureate Nurses (a.k.a. RIBN)

Goal: Increase the proportion of BSN-educated nurses in NC

Who? Led by Foundation for Nursing Excellence w/ many partners

How?

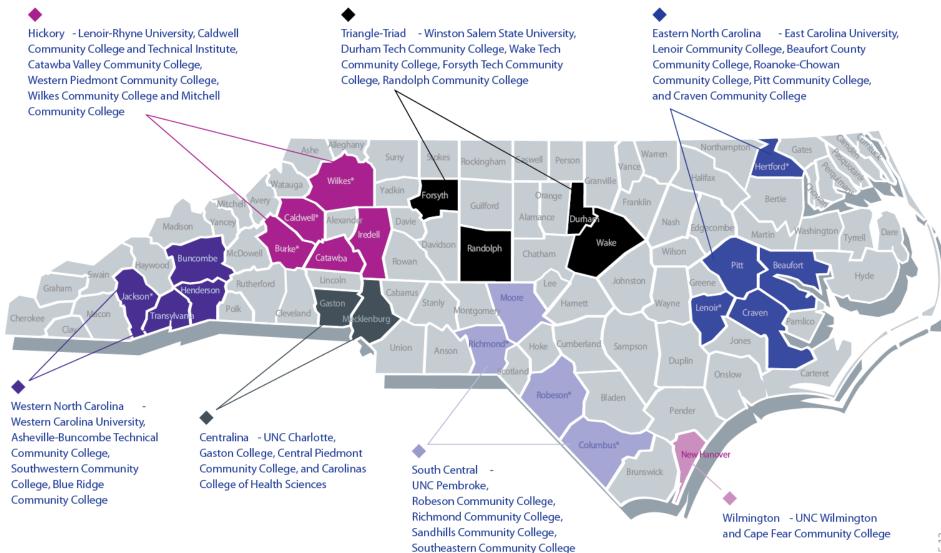
- Dually admit students to community college and university in seamless four-year nursing curriculum
- Students home-based at community college first 3 years; take university courses at same time
- 3. Receive ADN at end of 3rd year; pass NCLEX; become licensed
- 4. Complete BSN in 4th year at university; emphasis on gerontological and community health nursing, evidence-based nursing knowledge, leadership development



REGIONAL RIBN COLLABORATIVES







* Tier One Counties

The 40 most distressed counties are designated as Tier 1 by the North Carolina Department of Commerce.

2+2 = Neurodiagnostics & Sleep Science

- Bachelor's degree completion program offered through UNC-C; collaboration with UNC-CH
- Students have previous associate degree and are already registered and practicing
- Allows current workers to pursue BS degree to
 - expand professional knowledge
 - expand opportunities for career advancement
 - prepare for advanced roles and leadership positions



2+2 = Respiratory Therapy

- Bachelor's of Science in Respiratory Therapy (BSRT) degree completion program offered through UNC-C
- Students have previous associate degree and are already licensed and practicing
- Program enhances and advances career in RT with additional education in administration, research and evaluation, and advanced critical care

You do the math = Dental Therapy?

Alaska: Dental Health Aide Therapist

- Requires high school diploma or GED. Preference given to applicants with some college level academics.
- 2 year program

Minnesota: Dental Therapist, Advanced Dental Therapist

- Metropolitan State University: Dental hygienists who hold bachelor's and are licensed in MN can apply for master's program in Advanced Dental Therapy, 6-7 semesters
- University of Minnesota: bachelor's (4 year) and master's
 (28 month) programs in Dental Therapy



Solutions?

Build on already strong partnerships with community colleges, university system and AHEC to:

- Decentralize education and clinical placements
- Develop CE opportunities to allow workers to upgrade their skills and gain competencies
- Cultivate the pipeline: the case of ECSU pharmacy

Questions?

Katie Gaul

k_gaul@unc.edu (919) 966-6529

Erin Fraher

erin_fraher@unc.edu (919) 966-5012

Program on Health Workforce Research and Policy http://www.healthworkforce.unc.edu

North Carolina Health Professions Data System http://www.shepscenter.unc.edu/hp

