



**TASK FORCE ON MENTAL HEALTH AND SUBSTANCE ABUSE  
OLDER ADULTS WORKING GROUP**

**NORTH CAROLINA INSTITUTE OF MEDICINE  
630 DAVIS DRIVE, SUITE 100  
MORRISVILLE, NC 27560**

**FEBRUARY 5, 2016  
10:00 am - 3:00 pm**

**In Attendance:** Representative Josh Dobson (co-chair), Grant Baldwin, Kenny Burrow, Representative Beverly Earle, Mary Edwards, Paula Hartman-Stein, Tana Hartman-Thorn, Dawn Lillard, Adrienne Mims, Paul Nagy, Mary Lynn Piven, Ellen Schneider, Flo Stein, Gina Upchurch, Debbie Webster, Berkeley Yorkery, Adam Zolotor

**INTRODUCTION AND WELCOME TO THE TASK FORCE**

**Representative Josh Dobson**, North Carolina General Assembly

**DISCUSSION OF POTENTIAL RECOMMENDATIONS**

Task Force members discussed and revised potential recommendations. Revised recommendations were distributed after the meeting by email.

**BEHAVIORAL HEALTH SERVICES IN EXTENDED CARE FACILITIES**

**Kenny Burrow, MS**, Representative, North Carolina Association of Long Term Care Facilities  
[http://www.nciom.org/wp-content/uploads/2015/05/Burrow\\_2-5-16.pdf](http://www.nciom.org/wp-content/uploads/2015/05/Burrow_2-5-16.pdf)

Mr. Burrow described the various types of long-term care facilities in North Carolina. Mr. Burrow reviewed the types of services that someone living in a long term care facility may have access to, if they are eligible for services through their LME/MCO. He discussed some of the barriers to residents of long-term care facilities obtaining services and some potential recommendations for the group to consider.

**ENGAGING COMMUNITY IN MENTAL HEALTH**

**Becky Broder, RN**, Community Outreach Coordinator for Geriatric Psychiatry Center for Behavioral Medicine, Saint Luke's Hospital  
[http://www.nciom.org/wp-content/uploads/2015/05/Broder\\_2-5-16.pdf](http://www.nciom.org/wp-content/uploads/2015/05/Broder_2-5-16.pdf)

Ms. Broder presented on the St' Luke's Hopsital-Law Enforcement-Behavioral Health Providers Task Force of Polk County. She talked about what led to the development of this local task force that aimed to improve coordination/cooperation between the various entities involved in behavioral health crisis in Polk County. She shared information on how the group was able to work together, identify common goals, and improve working relationships. Ms. Broder also discussed the many local initiatives the task force has implemented in Polk.



### **HEALTHY IDEAS**

**Mary Lynn Piven, PhD, PMHCNS/NP-BC**, Clinical Associate Professor, School of Nursing, University of North Carolina at Chapel Hill

[http://www.nciom.org/wp-content/uploads/2015/05/Piven\\_2-5-16.pdf](http://www.nciom.org/wp-content/uploads/2015/05/Piven_2-5-16.pdf)

Ms. Piven discussed the Healthy IDEAS for Depression North Carolina Initiative. She explained the Healthy IDEAS program, which is an evidence-based program to identify and treat mild to moderate depression among older adults, to the task force and how it is being implemented through pilot programs in 16 counties across North Carolina. Ms. Piven also discussed the workforce training that is going on in conjunction with Healthy IDEAS implementation. Finally Ms. Piven presented some potential policy recommendations for the group to consider.

### **PROJECT ENGAGE**

**Mary Fraiser**, Department of Aging, Orange County

Ms. Frazier talked about the work of the Orange County Department of Aging, with a focus on Project EngAGE and Healthy IDEAS implementation.

### **COMMUNITY PARAMEDICINE**

**Kim Green**, Deputy Director, Lincoln County EMS

[http://www.nciom.org/wp-content/uploads/2015/05/Green\\_2-5-16.pdf](http://www.nciom.org/wp-content/uploads/2015/05/Green_2-5-16.pdf)

Ms. Green presented on the community paramedicine program being piloted by the Lincoln County EMS. Under the pilot program, supported by grant funding from the North Carolina Department of Health and Human Services, the Lincoln County EMS has implemented protocols that allow for individuals with behavioral health to choose between the emergency department and alternative destination (local behavioral health treatment options). Ms. Green shared data on the number of calls, number of transports, and the diversion rate by age. She then shared some of the challenges to continuing this program past the pilot, including funding for the program, the need for more staff education, education of the public and the need for additional equipment.

### **DISCUSSION OF POTENTIAL RECOMMENDATIONS**

The Task Force discussed new potential recommendations based on the afternoon presentations.