

Overview of Alzheimer's Services in North Carolina



Contact Information

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Duke Family Support Program: A NC Alzheimer's Family Support Program

- A no-cost service for ALL NC families and professionals caring for persons with memory disorders.
- Confidential personalized tips on caring by phone, email or mail
- An up-to-date information packet on Alzheimer's, related diseases, NC and national resources



Duke Family Support Program

- Simple, Convenient, Private; NO Red Tape or Eligibility Information
- The Caregiver newsletter twice a year
- Telephone or email help with care decisions, evaluating services and coping strategies
- Help selecting support groups, education programs, home care, websites and books

PROJECT C.A.R.E.

CAREGIVER ALTERNATIVES
TO RUNNING ON EMPTY

“Through a family consultant model, Project C.A.R.E. helps create a seamless, coordinated delivery system that is responsive to the needs, values and preferences of Alzheimer’s families.”

- Individualized care and assistance
- Coaching, education, problem-solving
- In-home assessment
- Family-centered, holistic approach
- Links to community resources & supports
- Ongoing support
- State funded dementia specific program
- Collaborates with the Family Caregiver Support Program (FCSP) with 16 NC Area Agencies on Aging

PROJECT C.A.R.E.

CAREGIVER ALTERNATIVES
TO RUNNING ON EMPTY

- Three offices:
 - Western Office - Asheville NC, Land-of-Sky Area Agency on Aging (34 counties) 828-251-7485
 - Central Office - Durham NC, Duke Family Support Program (32 counties) 919-660-7510
 - Eastern Office - Greenville NC, Alzheimers-North Carolina (33 counties) 252-355-0054
- Mecklenburg DSS– Just One Call 704-432-1111
- NC DAAS – 919-855-3417

1. Western Carolina Chapter – Charlotte & Greensboro
2. Eastern Carolina Chapter – Raleigh

“To eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and reduce the risk of dementia through the promotion of brain health.”

- Educational Programs, Support Group Meetings, Conferences & Special Events
- Advocacy and Awareness
- Walk to End Alzheimer’s
- Support for Research

Alzheimer's NC

Toll Free Helpline: 1.800.228.8738



- Raleigh, Greenville and Wilmington
- www.alznc.org

“Alzheimer’s North Carolina is dedicated to providing education, support and services to individuals with dementia, their families, health care professionals and the general public while raising awareness and funding for research of a cause(s), treatment, prevention and cure for Alzheimer’s disease and related dementias.”

- Educational Programs, Support Group Meetings & Special Events
- Annual and regional Caregiver Conferences
- Public Awareness and Professional Education
- Alz**NC**Walks
- Emergency Respite
- Support for Research

NC Area Agencies on Aging:

- 16 AAA's serving all of NC
- <http://www.ncdhhs.gov/aging/aaa.htm>

- **Long-Term Care Ombudsman Program** serve as advocates for residents in nursing homes and adult care homes (rest homes/assisted living) throughout North Carolina. Ombudsmen receive and investigate complaints made by or on behalf of long-term care residents and work for their resolution.
- **Home and Community Care Block Grant:** Community-based services in all 100 NC counties supporting the needs of persons age 60+ and their caregivers.



Area Agencies on Aging: Family Caregiver Support Program

- 16 Specialists serving all of NC
- <http://www.ncdhhs.gov/aging/aaa.htm>

- **Information** to caregivers about available services,
- **Assistance** to caregivers in gaining access to the services,
- **Individual counseling, organization of support groups, and training** to assist caregivers in the areas of health, nutrition, and financial literacy, and in making decisions and solving problems about their caregiving roles
- **Respite care** to enable caregivers to be temporarily relieved from their caregiving responsibilities; and
- **Supplemental services**, on a limited basis

National Resources for NC Families and Professionals

- <http://www.nia.nih.gov/alzheimers>
- Eldercare locator: www.eldercare.gov
- Family Caregiver Alliance:
www.caregiver.org
- www.Benefitscheckup.org
- Veteran's Administration www.va.gov
- Administration for Community Living:
 - http://www.aoa.acl.gov/AoA_Programs/HPW/Alz_Grants/index.aspx
 - http://www.aoa.acl.gov/AoA_Programs/HCLTC/Caregiver/