

APPENDIX A

HEALTHY NORTH CAROLINA 2030
INDICATORS AND DATA



TABLE 1

HEALTH INDICATORS AND DATA

(TOTAL NC POPULATION, 2030 TARGET, AND DATA BY RACE/ETHNICITY, SEX, AND POVERTY LEVEL)

		TOTAL POPULATION	
HEALTH INDICATOR	DESIRED RESULT	CURRENT (YEAR)	2030 TARGET
1 INDIVIDUALS BELOW 200% FPL	Decrease the number of people living in poverty	36.8% (2013-17)	27.0%
2 UNEMPLOYMENT	Increase economic security	7.2% (2013-17)	Reduce unemployment disparity ratio between white and other populations to 1.7 or lower
3 SHORT-TERM SUSPENSIONS (PER 10 STUDENTS)	Dismantle structural racism	1.39 (2017-18)	0.80
4 INCARCERATION RATE (PER 100,000 POPULATION)		341 (2017)	150
5 ADVERSE CHILDHOOD EXPERIENCES	Improve child well-being	23.6% (2016-17)	18.0%
6 THIRD GRADE READING PROFICIENCY	Improve third grade reading proficiency	56.8% (2018-19)	80.0%
7 ACCESS TO EXERCISE OPPORTUNITIES	Increase physical activity	73% (2010/18)	92%
8 LIMITED ACCESS TO HEALTHY FOOD	Improve access to healthy food	7% (2015)	5%
9 SEVERE HOUSING PROBLEMS	Improve housing quality	16.1% (2011-15)	14.0%
10 DRUG OVERDOSE DEATHS (PER 100,000 POPULATION)	Decrease drug overdose deaths	20.4 (2018)	18.0
11 TOBACCO USE	Decrease tobacco use	YOUTH 19.8% (2017)	9.0%
		ADULT 23.8% (2018)	15.0%
12 EXCESSIVE DRINKING	Decrease excessive drinking	16.0% (2018)	12.0%
13 SUGAR-SWEETENED BEVERAGE CONSUMPTION	Reduce overweight and obesity	YOUTH 33.6% (2017)	17.0%
		ADULT 34.2% (2017)	20.0%
14 HIV DIAGNOSIS (PER 100,000 POPULATION)	Improve sexual health	13.9 (2018)	6.0
15 TEEN BIRTH RATE (PER 1,000 POPULATION)		18.7 (2018)	10.0
16 UNINSURED	Decrease the uninsured population	13% (2017)	8%
17 PRIMARY CARE CLINICIANS (COUNTIES AT OR BELOW 1:1,500 PROVIDERS TO POPULATION)	Increase the primary care workforce	62 (2017)	25% decrease for counties above 1:1,500 providers to population
18 EARLY PRENATAL CARE	Improve birth outcomes	68.0% (2018)	80.0%
19 SUICIDE RATE (PER 100,000 POPULATION)	Improve access and treatment for mental health needs	13.8 (2018)	11.1
20 INFANT MORTALITY (PER 1,000 BIRTHS)	Decrease infant mortality	6.8 (2018)	6.0
		Black/white disparity ratio = 2.4	Black/white disparity ratio = 1.5
21 LIFE EXPECTANCY (YEARS)	Increase life expectancy	77.6 (2018)	82.0

Source: See descriptions of health indicators throughout this report for information on data sources.

W = WHITE
B/AA = BLACK/AFRICAN AMERICAN
H/LX = HISPANIC/LATIN(X)
A/PI = ASIAN/PACIFIC ISLANDER
AI = AMERICAN INDIAN
FPL = FEDERAL POVERTY LEVEL
‡ NOT AVAILABLE OR NOT APPLICABLE

* 2016-18 AVERAGE
 ^ INCLUDES HISPANIC ETHNICITY
 # DATA FROM 2015
A - ASIAN ONLY
B - PACIFIC ISLANDER
C - ECONOMICALLY DISADVANTAGED STUDENTS, AS DEFINED BY NC DEPARTMENT OF PUBLIC INSTRUCTION

D - 50%-100% FEDERAL POVERTY LEVEL
E - 101%-150% FEDERAL POVERTY LEVEL
F - 151%-200% FEDERAL POVERTY LEVEL
G - TWO OR MORE RACES
H - STUDENTS WHO ARE NOT ECONOMICALLY DISADVANTAGED, AS DEFINED BY NC DEPARTMENT OF PUBLIC INSTRUCTION

RACE / ETHNICITY						SEX		FEDERAL POVERTY LEVEL		
W	B/AA	H/LX	O	A/PI	AI	MALE	FEMALE	<200%	200-399%	400%+
30.7%	51.1%	63.6%	46.1% ^G	30.6%	51.5%	34.8%	38.7%	‡	‡	‡
5.7% [^]	11.7% [^]	7.1% [^]	7.3% [^] 11.0% ^{^G}	5.2% [^]	10.3% [^]	6.4%	6.7%	‡	‡	‡
0.73	3.00	0.88	1.69	0.18 ^A	2.46	1.98	0.74	2.09 ^C	‡	‡
203 [#]	915 [#]	209 [#]	‡	‡	488 [#]	649	50	‡	‡	‡
17.5%	36.0%	23.2%	37.2%	11.1%	‡	23.8%	23.5%	47.9%	19.9%	8.3%
70.1%	40.8%	42.6%	59.5% ^G	75.6% ^A	44.5%	54.0%	59.8%	42.6% ^C	70.6% ^H	‡

DATA NOT AVAILABLE

26.4	12.9	5.4	4.4	‡	32.6	27.8	13.2	‡	‡	‡
20.6%	17.0%	20.7%	19.0%	‡	‡	23.0%	16.5%	‡	‡	‡
25.9%	22.5%	12.2%	17.1%	‡	‡	29.9%	18.5%	32.8%	21.6%	17.2%
17.2%	12.5%	17.8%	13.1%	‡	‡	21.7%	10.8%	14.5%	17.6%	21.2%
36.1%	31.5%	28.9%	24.3%	‡	‡	38.7%	28.3%	‡	‡	‡
32.6%	38.7%	37.0%	‡	‡	‡	37.6%	31.0%	41.0%	32.7%	24.1%
4.9	40.8	17.7	‡	4.3	5.9	23.1	5.4	‡	‡	‡
12.9	24.1	34.3	6.9	‡	38.3	‡	‡	‡	‡	‡
10%	13%	31%	8%	9%	18%	14%	11%	21%	12%	4%

NOT APPLICABLE

74.8%	60.5%	57.5%	66.0%	‡	54.3%	‡	‡	‡	‡	‡
17.8	5.7	5.8	7.7	‡	‡	22.4	5.9	‡	‡	‡
5.0	12.2	4.8	5.0	‡	9.3	8.0	5.5	‡	‡	‡
78.3*	75.5*	‡	87.0*	‡	75.6*	74.8	80.3	‡	‡	‡