



Mind My Health

A COMMUNITY PROJECT OF



The Carolinas Center
Innovation and Excellence in Advanced Illness at End of Life

WITH SUPPORT FROM

James B. Duke

THE DUKE ENDOWMENT

We already know...

Not enough people are talking about their advance care planning.

- ▶ **90% of people believe it is important** to discuss end of life care with loved ones, but only 30% have done so.¹

Documentation of those wishes is not accessible when needed.

- ▶ **Many people store their documents in locked boxes** or other inaccessible locations
- ▶ **Just 13% of patients 65+ admitted to UNC's ED with a "high risk of death in the next year" had ACP records in the EHR** according to a 2017 journal article.²



Our Goals

- ▶ **Develop an online platform that makes ACP documents available at the point of care**
- ▶ **Increase the number of people who discuss and **complete** an ACP document and share it with loved ones**
- ▶ **Work with healthcare systems to transfer an ACP stored on the platform into the electronic health record**

Our Progress

- ▶ **The Duke Endowment** funded the launch of this project in early 2017.
- ▶ **The North Carolina License to Give Trust Fund Commission** provided additional funding to include organ donation registration information in 2018.
- ▶ **Our free, consumer-facing platform began a soft launch** focused on the Triad in April 2019 in coordination with advance care planning education efforts by regional hospices, faith groups, and a health system.
- ▶ We are currently pursuing several approaches that would allow for **easy transfer of documents into the EHR.**

Let's try it.

Next Steps

- ▶ Expanded **sharing capacity and mobile upload capability** are slated for development in coming months
- ▶ Continued collaboration with **hospices, faith groups, and hospital systems** is planned for Fall 2019
- ▶ Enhanced efforts to reach **individual consumers and their communities** will also become a growing focus
- ▶ Reach out with questions or ideas to info@mindmyhealth.org

Reference List

- ▶ ¹ The Conversation Project. New Survey Reveals ‘Conversation Disconnect’: 90 percent of Americans know they should have a conversation about what they want at the end of life, yet only 30 percent have done so. Cambridge, Mass: The Conversation Project. 18 Sept. 2013. https://theconversationproject.org/wp-content/uploads/2013/09/TCP-Survey-Release_FINAL-9-18-13.pdf

- ▶ ² Platts-Mills, Timothy F. et al. “Availability of Advance Care Planning Documentation for Older Emergency Department Patients: A Cross-Sectional Study.” *Journal of Palliative Medicine* 20.1 (2017): 74–78. PMC. 15 Aug. 2018.