

Healthy North Carolina 2030 - Community Input Session Summary

Pembroke, NC - March 6, 2019

Counties Represented: 11

Number of participants: 34

Clinical Care overall indicator ranking:

1. Uninsured
2. Mental health ED visits
3. Early prenatal care
4. Heart disease mortality
5. Routine checkup
6. Primary care physicians
7. Vaccinations
8. School nurse ratio

Physical Environment overall indicator ranking:

1. Housing quality problems
2. Food environment index
3. Housing cost burden
4. Access to exercise opportunities
5. Air pollution
6. Blood lead levels

Health Behaviors overall indicator ranking:

1. Physical activity
2. Youth tobacco use
3. Teen birth rate
4. Adult smoking
5. Excessive drinking (closely ranked with smoking during pregnancy)
6. Smoking during pregnancy
7. Unintentional poisoning deaths
8. Breastfeeding
9. HIV diagnosis
10. Unintentional falls

Social & Economic Factors overall indicator ranking:

1. Families below 200% FPL
2. Adverse Childhood Experiences
3. Unemployment
4. Children in low-income homes
5. Fourth grade reading proficiency
6. Income inequality
7. Disconnected youth (closely ranked with high school graduation)
8. High school graduation
9. Incarceration rate
10. ED visits for injury and violence
11. Suspension from school
12. Residential segregation

Health outcomes top rankings:

1. Children overweight
2. Diabetes prevalence
3. Infant mortality
4. Frequent mental distress
5. Adult obesity