



# Bridging Local Systems

Strategies for Mental Health and  
Social Services Collaboration

***VAYA Region***

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# Sponsors

- NC Institute of Medicine
- The Duke Endowment
- The NC Department of Health and Human Services and its Divisions of
  - MH/DD/SAS
  - Social Services
  - Aging and Adult Services
  - Medical Assistance
- The NC Council of Community Programs
- The NC Association of County Directors of Social Services



# Goals of Bridging Local Systems

- Strengthen communication and collaboration between LME/MCOS and DSSs
- Improve shared outcomes for shared populations:
  - Children and families served by child welfare and behavioral health
  - Adults served by Adult Protective or Guardianship Services
- Develop metrics to measure collaboration between DSSs and LME/MCOs



# Agenda

- Overview, introductions, background
- What other regions are talking about
- What are your goals?
- What challenges have you overcome already?
- What are the highest priority issues that you are facing now?
- Schedule and Plan for future meetings



# Overview and Introductions

- Introductions of facilitator and participants
- Background and context

# Summits in Other Regions

Summits have been completed for:

- Eastpointe
- Partners Behavioral Health Management
- Sandhills Center
- Alliance Behavioral Healthcare

# Other Regions: Common Themes

- Collaboration & Communication
  - Co-funded positions
  - Joint planning for clients
- Education & Training
  - Service Continuum
  - Service Definitions & Criteria
  - Referral & Authorization Procedures
  - Funding, Evaluation & Regulations

# Other Regions: Common Themes

- **Provider Network & Service Delivery**
  - Provider Shortage Areas
  - Performance-based Provider Contracts
    - Timeliness of Assessments & Referrals
    - Local & Stable Therapeutic Placements
- **Parent Services & Eligibility**
  - Treatment services for parents without Medicaid, or who lose Medicaid after children are removed from the home.



# Other Regions: Common Themes

- Adult Services
  - TCLI collaboration on DSS nominated clients
  - Improved collaboration with other adults
- Joint Trauma-Informed Care Initiatives
- Development of shared data and outcomes



What specific outcomes do **you** want to achieve by participating in this project?

# What's Working?

What is working well already in your region between DSS and Behavioral Health?

What challenges have you already overcome?  
How did you do it? What was your role in making it happen?



# What Are Your Challenges?

- What are the highest priority challenges or issues that you are facing now?
- Are there challenges you would consider low hanging fruit?

# Plan for Future Meetings

- Dates and Locations
- Agenda



# What's Next?

Focus for next meeting.

- What challenges or issues should we work on first?
- Can you identify “low hanging fruit?”

Preparation for next meeting?