



# Legislative Health Policy Fellows Program

The allocation of state funds is the most important responsibility of state legislators. Given the large portion of the state budget dedicated to health care and health-related services, the decisions legislators make regarding health policy have tremendous impact on North Carolina's economy and the health of individuals and communities across the state.

**The Legislative Health Policy Fellows Program** will provide participants with the data and resources needed to make effective decisions about the health of our state. Over the course of three full-day sessions during the Winter/Spring of 2018, fellows will learn about the health issues facing North Carolina, the state's priorities for health care delivery, and challenges and opportunities for improving the health of all North Carolinians, with a focus on evidence-based solutions. Participants will also have opportunities to network with health policy researchers, state agency staff, and legislative colleagues.

## SESSIONS

### Day 1: What Are the Drivers and Impacts of Health Policy? | January 22, 9am to 4pm

- > Systems thinking
- > Data-informed decision-making
- > Health and the economy
- > Evidence-based policy and practice
- > Determinants of health

### Day 2: How is Health Care Financed? | February 26, 9am to 4pm

- > Health care financing
  - > Private market insurance, including employer-based insurance
  - > Medicaid (cost, trends, eligibility, federal-state partnership, reform, expansion)
  - > NC Health Choice
  - > Medicare
- > The opioid epidemic — an update

### Day 3: What Makes A Health Care System? | March 19, 9am to 4pm

- > The health care delivery system
- > Drivers of access
- > Gaps in care
- > Health care workforce
- > The safety net
- > Rural health
- > Telehealth
- > Public health
- > Behavioral health and integrated care

## ENROLLMENT

The Legislative Health Policy Fellows Program is best suited for early career legislators (those in their first three terms) but is open to all legislators who want to learn more about available data and health policy resources. **Please note, enrollment is limited to 20 legislators**

To enroll in the Legislative Health Policy Fellows Program, or if you have any questions, please contact:

### Michelle Ries, MPH

North Carolina Institute of Medicine  
Project Director  
Email: Michelle\_ries@nciom.org  
Phone: 919-445-6153

### Adam Zolotor, MD, DrPH

North Carolina Institute of Medicine  
President and CEO  
Email: Adam\_zolotor@nciom.org  
Phone: 919-445-6150

## SESSION INFORMATION

Program sessions will include presentations and panels from health policy experts, policymakers, and nationally renowned guest speakers. While most of the agenda is planned in advance, participants will have the chance to prioritize topics they want to learn more about. Participants will also select at least two topics for future research and publication by the NCIOM as issue briefs. The first issue brief will be presented to participants and other legislators at a breakfast where Legislative Health Policy Fellows will be recognized and awarded with certificates.

Sessions will be held at NCIOM, 630 Davis Drive, Suite 100 in Morrisville, NC 27560.

## ABOUT THE NCIOM

The North Carolina Institute of Medicine was chartered by the NC General Assembly in 1983. The mission of the NCIOM is two-fold:

- To seek constructive solutions to statewide problems that impede the improvement of health and efficient and effective delivery of healthcare for all North Carolina citizens.
- To serve an advisory function at the request of the Governor, the General Assembly, and/or agencies of state government, and to assist in the formation of health policies on complex health issues facing the state.