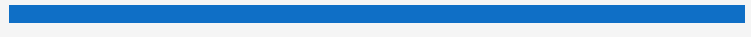




# Youth Health Service Corps

**Elaine Owens, MPA**  
**Wake AHEC**



# Franklinton High School

- **Spring 2009 – Spring 2013**
- **MSI and MSII Students; Biotechnology**
- **50 -60 students per semester**
  - **348 students registered**
  - **92 returning students (MSII)**
  - **256 unique students**

# YHSC Curriculum

- **Volunteer Training**
- **Heartsaver AED Certification**
- **Project Planning**
- **Service Learning**
- **Reflection & Presentation**





## Wearing PPE





# Vital Signs Training



# Self-Directed Learning

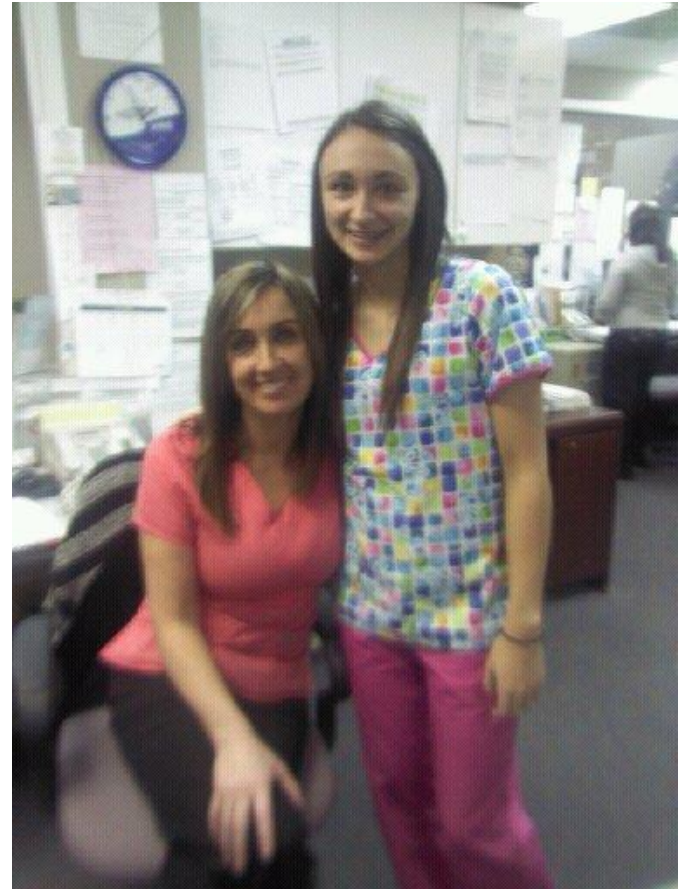
- **Being Homeless Exercise**
- **Photo Voice**
- **Food Stamp Challenge**



# Service Learning is...

**A teaching method that combines service to the community with classroom curriculum.**

- **More than merely volunteering**
- **Hands-on approach**





## Older Adults – Health & Social



**“I didn’t realize how much needed to be done for just one day...needs someone to be with her most of the time.”**



# Franklinton Senior Center

“I used to be afraid of older people.....”



# Fighting Hunger

**“I learned there are in fact, many people who are in need. I was surprised at the number of young people coming out to receive food.”**

(Random Way of the Cross Food Pantry)



# Homeless for a Night



**“I was shocked on how much time and work it takes into organizing events and making sure that they happen.”**



## Childhood Obesity Prevention



## Hispanic Community



# Total Service Hours

<b>Fall semesters</b>	<b>300 – 400 hours</b>
<b>Spring semesters</b>	<b>800 – 950 hours</b>

**Over 4,500 hours  
in the last four years**

# Volunteer Training Pre/Post Average Score Increase

Spring 2013		27.8%
Fall 2012	32.7%	
Spring 2012		24.8%
Fall 2011	32.7%	
Spring 2011		22.25%
Fall 2010	29%	
Spring 2010		27.3%

**Overall Average of 28.08% increase**  
**Individual improvement from 45% to -5%**



## **Pre/Post Tests – Returning Students**

**20 – 40 hours (MSI)**

**27.88% increase**

**40 – 80 hours (MSII)**

**35.33 % increase**

**Retention after one month:**

**7.7% decrease**

**Retention after one year:**

**12.7% decrease**

# Graduate Follow Up

- **136 Graduated from 2008 – 2012**
- **43 attending Community College**
  - **Vance Granville (29); Wake Tech (12)**
- **42 attending University**
  - **East Carolina University (13)**

**Degrees earned in Nursing, Nutrition, Dental Hygiene, Exercise Science**

# Plans for Expansion

- **Self-paced Modules**
- **On-site Training**
  - **Interactive activities**
  - **Discussion of issues**
- **Field Trips to Service sites**
- **Add Other Rural Counties**

# Contact Information

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