

Operating in Good and Modern Healthcare Environment

John O'Brien

Senior Policy Advisor

Disabled and Elderly Health Programs Group

Centers for Medicaid and CHIP Services

Vision

- The integration of primary care, mental health and addiction services is an integral part of the vision.
- The goal of a “good” and “modern” system of care is to provide a full range of high quality services to meet the range of age, gender, cultural and other circumstances.
- The vision for the system is grounded in a public health model that addresses:
 - Determinants of health
 - System and service coordination
 - Health promotion
 - Prevention, screening and early intervention
 - Treatment, and recovery and resiliency supports to promote social integration and optimal health and productivity.
- SAMHSA believes that a good system is achievable and is a step to developing an “ideal” service system.

System Results

- A benefit package, within available funding, that supports recovery and resilience.
- Promoting program standards, including common service definitions, system performance expectations, and consumer/family outcomes.
- Creation of an adequate number and distribution of appropriately credentialed and competent primary care and behavioral health care providers.
- Funding strategies that will be sufficiently flexible to promote a more efficient system of services and supports.

Principles

- Preventing and treating mental and substance use disorders is integral to overall health.
- Services must address current health disparities and be relevant to, and respond to, the culture of individuals and families.
- Operate within a framework of shared decision-making in which the individual is the center of the health care system.
- A wide range of services should be available based on a range of acuity, disability, and engagement levels.
- Services that are proven effective or show promise of working will be funded; ineffective services will not be funded.
- Reimbursement strategies must be implemented to align incentives and control costs.

Core Structures and Competencies for a Modern System

- Empowered Health Care Consumers
- Information Technology
- Blending and Braiding Funding
- Payment Methodology Changes
- Quality and Performance Management
- Sustainable Practice Changes
- Continued Partnerships

Proposed Continuum of Services

- ➔ Health Homes
- ➔ Prevention and Wellness Services
- ➔ Engagement Services
- ➔ Outpatient Services
- ➔ Medication Services
- ➔ Community Supports and Recovery Services
- ➔ Intensive Support Services
- ➔ Other Living Supports
- ➔ Out of Home Residential Services
- ➔ Acute Intensive Services

Health Homes

- Screening Brief Intervention and Referral
- Care Coordination
- Beneficiary and Family Education
- Acute primary care services

Prevention Services

- Prevention Programs
- Wellness Programs
- Smoking Cessation
- Health and Wellness Education
- Health Promotion

Engagement Services

- Specialized Evaluations (psychological, Neurological)
- Service planning (including crisis planning)
- Consumer/Family education
- Outreach

Outpatient and Medication Services

- Individual Evidenced Based Therapies
- Group therapy
- Family therapy
- Multi-family counseling
- Medication management
- Pharmacotherapy (including OTP)
- Laboratory services
- Specialized consultation

Community and Recovery Support Services

- Peer supports
- Consumer Operated Services
- Recovery Support Services
- Family Training and Support
- Skill building (social, daily living, cognitive)
- Case Management
- Continuing Care
- Behavioral management
- Supported employment
- Permanent Supportive housing
- Recovery housing
- Therapeutic mentoring
- Traditional healing services

Other Recovery Support Services

- Personal Care
- Homemaker
- Respite
- Educational Services
- Transportation
- Assisted Living Services
- Recreational Services
- Other Goods and Services

Intensive Support Services

- SUD intensive outpatient services
- Partial hospital
- Assertive community treatment
- Intensive home based treatment/
- Multi-systemic therapy

Out of Home Residential Services

- Crisis residential/stabilization
- Residential services
- Supports for children in foster care

Acute Intensive Services

- Mobile crisis services
- Urgent care Services
- 23 hour crisis stabilization service
- Psychiatric inpatient and medical detoxification services