

**TASK FORCE ON MENTAL HEALTH AND SUBSTANCE ABUSE
MEETING SUMMARY**

**FEBRUARY 19, 2015
10:00 am - 3:00 pm**

Attending: Representative Josh Dobson (co-chair), John Santopietro (co-chair), Bert Bennet, Andrew Clendenin, Mary Edwards, Sonia Eldridge, Glenn Field, Tana Hartman Thorn, Breden Hargett, Jessica Herrmann, Trish Hussey, Sheila Hutchinson, Alice Hunt, Damie Jackson, Dawn Lillard, Austin Love, Adrienne Mims, Marilyn Pearson, Theo Pikoulas, Mary Lynn Piven, Garron Rogers, Luke Smith, Jemi Sneed, Jean Steinberg, Gina Upchurch, Bert Wood, Berkeley Yorkery, Kim Young, Adam Zolotor

INTRODUCTION AND WELCOME TO THE TASK FORCE

John Santopietro, MD, FAPA, Chief Clinical Officer of Behavioral Health, Carolinas Health System

DISCUSSION OF POTENTIAL RECOMMENDATIONS AROUND OLDER ADULTS

Task Force members discussed and revised potential recommendations from the older adult working group.

UNINSURED RESIDENTS WITH MENTAL HEALTH AND SUBSTANCE ABUSE NEEDS

Marisa Elena Domino, PhD, Professor, Department of Health Policy and Management, The Gillings School of Global Public Health, Director of the Program on Mental Health and Substance Abuse Systems and Services Research, Cecil G. Sheps Center for Health Services Research, Training Program Director for the UNC-Duke Training Program in Mental Health Systems & Services, University of North Carolina at Chapel Hill
<http://www.nciom.org/wp-content/uploads/2015/05/Domino-2-19-16.pdf>

Ms. Domino presented data on the epidemiology of mental health and substance use disorders, treatment success rates, and utilization of treatment services in North Carolina. She then looked at the cost of mental health and substance misuse to employers and the cost of providing treatment services for various populations. The task force then discussed options for increasing availability and affordability of services for the uninsured.

CONTROLLED SUBSTANCES

Alex Asbun, Manager, Drug Control Unit, Division of Mental Health, developmental Disabilities and Substance Abuse Services, North Carolina Department of Health and Human Services

<http://www.nciom.org/wp-content/uploads/2015/05/Asbun-2-19-16.pdf>

Mr. Asbun presented information on North Carolina's Controlled Substances Reporting System. He reviewed the purpose of the system, recent legislative changes to the system, and efforts to increase use of the system.

Chris Ringwalt

Senior Research Scientist, UNC Injury Prevention and Research Center

<http://www.nciom.org/wp-content/uploads/2015/05/Ringwalt-2-19-16.pdf>

Dr. Ringwalt presented the results of a 2012 study of the Controlled Substances Reporting System data and the prescriber and dispenser surveys.

Bryant A. Murphy, MD, MBA

Associate Professor of Anesthesiology, UNC School of Medicine, Representing the North Carolina Medical Board

<http://www.nciom.org/wp-content/uploads/2015/05/Murphy-2-19-16.pdf>

Dr. Murphy presented on behalf of the North Carolina Medical Board (NCMB). He shared information on how the NCMB utilizes data from the controlled substances reporting system. Dr. Murphy also shared changes to the NCMB position on opioids and the new continuing medical education requirements around opioid prescribing.

DISCUSSION

The Task Force discussed new potential recommendations based on the afternoon presentations.