

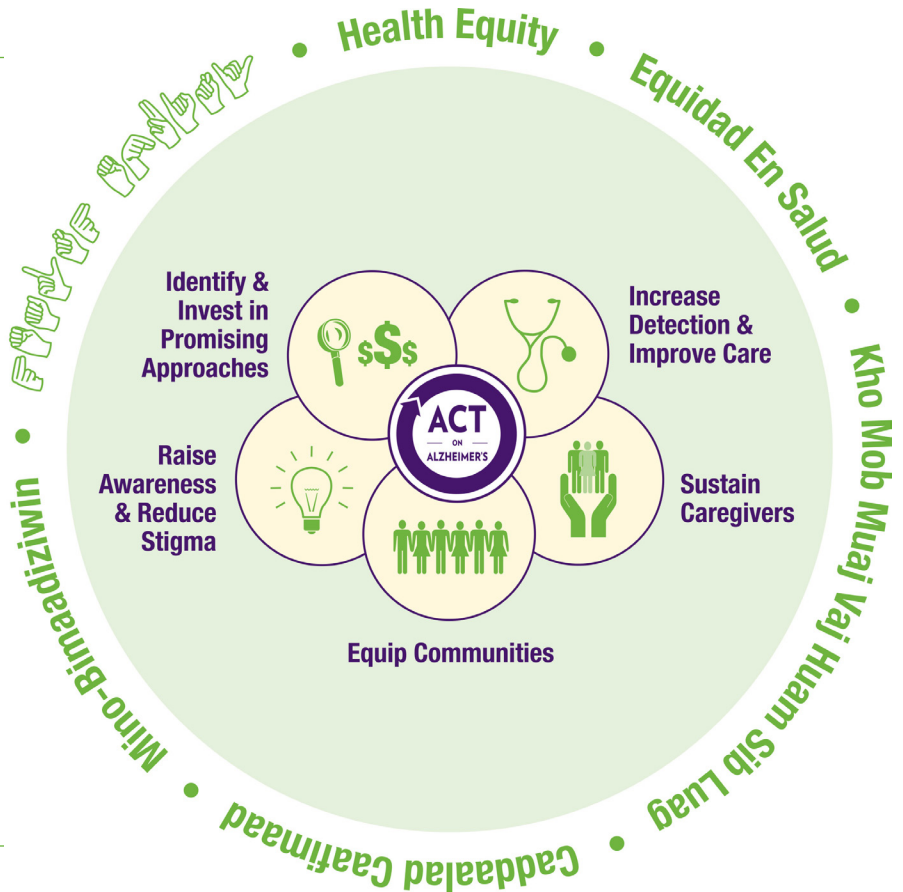


PREPARING MINNESOTA COMMUNITIES

ACT on Alzheimer's is a statewide, volunteer-driven collaboration preparing Minnesota for the personal, social, and budgetary impacts of Alzheimer's disease. Passionate and committed partners, supporters, action communities, and Minnesotans are taking part in the work and making a difference.

Five Shared Goals with a Health Equity Perspective

Translations of Health Equity, clockwise from the top: English, Spanish, Hmong, Somali, Ojibwe, and American Sign Language

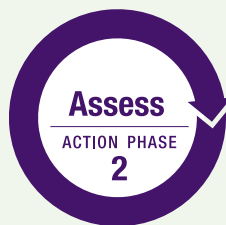


Community Toolkit

This four-phase process brings people together to help a community create a supportive environment for people with dementia.



Convene key community leaders and members to form an Action Team.



Assess current strengths and gaps within your community.



Analyze community needs and develop a plan to take action.



ACT Together to pursue priority goals that foster community readiness for dementia.

Learn more and view toolkit videos at www.ACTonALZ.org/minnesota-communities

Dementia-Friendly Community

Go to www.actonalz.org/communities-action-resources to find valuable resources for every part of your community.



Becoming an informed, safe, and respectful community for people with dementia involves:

- Raising awareness about Alzheimer's and transforming attitudes
- Having supportive options that foster quality of life
- Supporting caregivers and families touched by the disease
- Including diverse communities
- Promoting meaningful participation in community life

Learn about Minnesota communities ACTing on Alzheimer's at www.ACTonALZ.org.

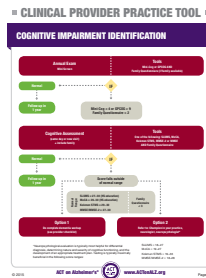
Tools and Resources



Dementia Capable Communities Toolkit

This four-phase process guides a community in becoming dementia friendly. View videos of toolkit action steps at: <http://www.youtube.com/ACTonALZ>

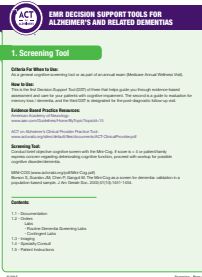
User: Community leaders, organizations, and individuals



Clinical Provider Practice Tool

This easy-to-use tool gives physicians a streamlined protocol for managing cognitive impairment and guiding decisions for screening, diagnosis, and disease management.

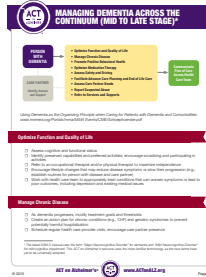
User: Health care settings



Electronic Medical Record Decision Support Tool

This template with how-to guide helps clinicians implement within the health record a standardized approach to dementia care, including screening, diagnosis, and treatment/management.

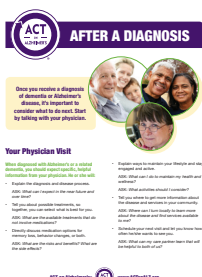
User: Health care settings



Managing Dementia Across the Continuum

This tool includes a protocol for treating, managing and supporting persons with dementia beyond the early stages of the disease.

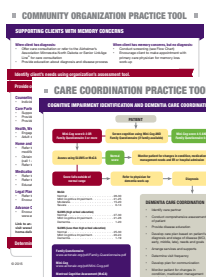
User: Medical and nursing directors in older adult settings and other professionals involved in dementia care



After a Diagnosis

This resource has action steps, tips, and resources for persons diagnosed with Alzheimer's and their caregivers and is a helpful resource to share and discuss after a diagnosis is made.

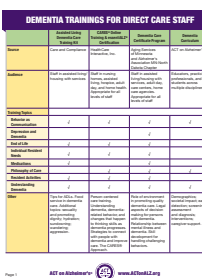
User: Health care and community-based providers serving persons with the disease and caregivers



Care Coordination and Community-Based Provider Practice Tool

This tool helps ensure that a care plan is guided by the goals, needs and preferences of the person with Alzheimer's, thereby fostering support for the person and care partners.

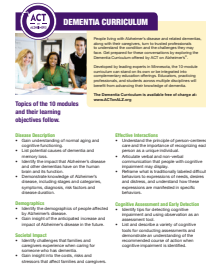
User: Health care settings and community-based provider settings



Dementia Trainings for Direct Care Staff

This comprehensive list of dementia training resources provides options for organizations seeking best practices in preparing their direct care staff.

User: Dementia care settings



Dementia Curriculum

A 10-module dementia curriculum – including disease description and diagnosis, demographics, cognitive assessment, and societal impact – that can be used alone or with other education offerings.

User: Educators, practicing professionals, and health care students

These **ACT on Alzheimer's®** tools and resources were developed by experts to help guide communities in becoming dementia friendly, to assist community-based service providers in supporting people with Alzheimer's and their care partners, and to help health care professionals identify and manage the disease.

Tools and resources available free of charge at www.ACTonALZ.org



Our communities must ACT to be ready. Here's why:

89,000 Minnesotans age 65+ live with Alzheimer's disease and the number is growing.



245,000 caregivers

in Minnesota **are caring** for family members with Alzheimer's and other dementias.

Nearly 60 percent of people

with Alzheimer's live in their own homes and **need support** from families and community members.

Older African Americans and Hispanics

are proportionately **more likely** than older whites to have Alzheimer's disease and other dementias.

Source: Alzheimer's Association, 2015 Alzheimer's Disease Facts and Figures, Alzheimer's & Dementia 2015, Volume 11 (3).

A Sampling of Key Partners...

AARP Minnesota	Essentia Health	Minnesota Department of Human Services
Accredited Investors Inc.	Fairview	Minnesota Hospital Association
Aging Services of Minnesota	Greater Twin Cities United Way	Minnesota Medical Association
Allina Health	HealthPartners	Minnesota's Area Agencies on Aging
Alzheimer's Association Minnesota-North Dakota	Mayo Clinic	Stratis Health
Amherst H. Wilder Foundation	Medica	U of MN Center on Aging
Blue Cross Blue Shield of Minnesota	Minnesota Board on Aging	UCare
Care Providers of Minnesota	Minnesota Department of Health	Volunteers of America – Minnesota

All collaborative partners can be found at www.actonalz.org/our-partners

To get involved, contact info@ACTonALZ.org

